

GLAC Yearbook 23/24 Season



Glenbrook
Little Athletics



5 May 2024



Glenbrook Little Athletics Centre

2023/2024 Season

The Centre's 48th Presentation, Wycliffe High School

Sunday 5th May 2024

LIFE MEMBERS

Matthew Andrews	Jenny Dickson	Diane Levy	Mitch Perry	Alan Sonter †
Steve Critchley †	Leanne Doorey	Jacki Long	Russell Peters	Michael Sullohern
Adrian Cusack	Michael Hurley	John McKervey	Jack Reid †	Glen Taylor
Cathy Cusack	Bob Leach †	Bob Maxwell	Karl Rugg	Reg Thompson
Greg Dickson	Michael Lee †			

SEASON 2023/24 COMMITTEE MEMBERS

President	Stephen Gardiner	Vice President	Matt Corbett
Secretary	Erica Rawlinson	Treasurer	Callum Patton
Registrar	Renaë Dixon	Competition Manager	Matt Corbett
Equipment Officer	Cameron Paterson	Grounds Officer	Jason Rawlinson
Championships Officer	Elizabeth Paterson	Results & Records	Bronwyn Jackson
Coaching Coordinator	Stuart Godwin	Canteen Manager	Holly Murphy
Age Manager	Ben Berriman	Uniforms Officer	Ruth Corbett
NSW Public Officer	Erin Hurst	Publicity Officer	Ali Peters
Child Protection / Grievances	Karen Ali	General Committee	Rachel Kitching Hayden Perry



President's Report

Season 2023/24, what an incredible season, and our biggest in our 47 Year history with 407 Athletes!

In my first year as president, I was genuinely excited to oversee our exceptional community-based club, with its proud history, and with an enthusiastic committee of volunteers.

Our season commenced in a very healthy financial position, which allowed us invest and grow in a number of areas. I'd like to recognise and thank our most recent Club President, and Life Member, John McKerverey for this strong position after overseeing our club for 6 years, including during the challenging Covid period.

To help provide an oversight of our remarkable season, I'll report under a few separate headings:

Preseason Focus:

With a large number of new volunteers, our committee started early in the 'offseason' last year to focus on a few key areas:

- ★ Focus on strengthening our great club culture.
- ★ Setting a vision and identifying opportunities for growth and be fit for the future.
- ★ Strengthening our relationship with stakeholders, Blue Mountains Council, local schools and community.
- ★ Introduce Sponsorship and broaden our community engagement.
- ★ Building on our great coaching foundations and introducing new Coaching Philosophy

With these focus areas, our committee worked hard in the background.

- ✓ Preparing a Vision document – Participating for the Future (Available on our website).
- ✓ Making a submission to Blue Mountains City for its Plan of Management for Glenbrook Oval.
- ✓ Holding on-site meetings with Council staff to talk about our challenges, opportunities and our vision.
- ✓ Working with Council to fix our facilities and make it safer for athletes and the lower Blue Mountains community.
- ✓ Introducing new fees to cover costs and provided strong support to over a dozen schools to hire our equipment, providing setup, breakdown, advice, and line marking.
- ✓ Building on our existing strong social media presence.
- ✓ Applying for a number of grants.
- ✓ Carrying out storage upgrades and interim solutions for our equipment.
- ✓ Preparing sponsorship packages.

Little Athletics NSW also saw some renewal and innovation this season, introducing its first Winter Track Series, which provided athletes an opportunity to stretch out and participate in their favourite events during the winter months. Glenbrook had a handful of athletes participate and win medals, and the feedback on the event was very positive. It is expected that the series will continue in the future and provide our athletes with a larger range of event opportunities expanding on walking and cross-country events.

Our Summer Competition

Our normal competition commenced on 30 September 2023, and we held 15 of competition days and 1 fun day (of the 20 planned) through the season, which was quite good considering the

number of weather events over summer. We had excellent attendance numbers in the first half of the season, and after the first couple of weeks, our Competition Manager Matt Corbett had our 3-week program fine-tuned and operating with efficiency.

A record number of athletics also brings a challenge. We need to make sure we can continue running an efficient program so that our athletes don't have to wait excessive time to compete, so that we can finish before it gets too hot in the day, and to make sure our 'small community based and family orientated club' maintains that friendly nature that attracts so many families. To help overcome this challenge, this season we introduced an 'Age Manager Coordinator', led by Ben Berriman. Ben's oversight and excellent communication working with a group of parent volunteers really helped make the season a success. A big thanks to Ben, and all of our Parent Age Managers for stepping up this season.

Blue and Green is always a standout at any Little Athletics event, and this season was no different, with a large contingent of 167 athletes competing at zone, 18 teams entered in to the State Relays, 14 athletes competing in State Cross Country and Road Walks, and 58 athletes competing at State! In addition to the great participation numbers, we saw a number of records fall this season, including a remarkable 6 at Regional Championships in Dubbo, and 7 club records during our competition days.

With these results in mind, and with the significant number of personal bests attained by all of our athletes through this season, I would like to recognise the amazing efforts of our coaching crew, led by Stuart Godwin and aptly supported by Hayden Perry, Keeli Brown, Sam Capararo, Liam Murphy, Tom Daw and Michael Gardiner.

Our investments and partners

Supporting our athletes this season, we invested in some new equipment. This includes:

- ★ IPADS for our U6 age groups age managers, and for the canteen.
- ★ Several new safety barrier devices.
- ★ New hurdles.
- ★ A new high jump set.
- ★ New age group trolleys.
- ★ A range of new shot puts, discus's, tape measures, markers.
- ★ Several new storage benches.

These purchases were supplemented in part through a range of successful grant applications including:

- \$ Little Athletics NSW Centre Grant Scheme
- \$ Coles Community Fund
- \$ Local Community Assistance Program

We are also awaiting the outcome of a Volunteer Grants Program (we were successful through stage 1) and currently awaiting an announcement. If successful, this grant will help us to support our coaches.

We also introduced sponsorship packages this year with an aim to build lasting relationships with local businesses and offer great promotional opportunities all season long. I am very pleased to highlight and recognise our valued Sponsors:



- Blaxland Day and Night Pharmacy [Major Sponsor]
- Kellyville Optical
- Lewis Financial



Community Minded

As our Club continues to grow, and as we continue our proud long-standing position in our Lower Blue Mountains Community, our Committee wants to make sure our Club continues to represent the best interests of our athletes, but where we can, we can help others that are not so fortunate.

With a call out early in the season from Little Athletics NSW, I'm really proud to report that our Club was in a position to help provide some essential equipment to Urunga Bellinger Value Little Athletics as it restarted its Club on the mid north coast.

Also this season, we held a family fun day on Saturday 16 December 2023, with jumping castles, waterslides and games for our athletes (including the first Glenbrook Stawell gift). During this fun day we asked our generous families and community for food donations for Mama Lana's Community Foundation. The response was overwhelming! We were also joined by our friends and neighbours at Springwood Little Athletics Club, with James (Vice President) driving down an entire van worth of groceries. The donations were warmly welcomed, and I cannot thank all families enough for their generosity.

A Sad farewell

Sadly, this season we lost a long-standing athlete, Jessica Berechree. Jess was in her final season as an U17 athlete and, she was one of a kind. Jess was one of our most vibrant, kind-hearted and beautiful athletes to have walked out on Glenbrook Oval.

At her funeral, her father Pete spoke of Jess's love of people, and importantly all of her friends. He spoke of how she wanted to be friends with everyone. Her positive, friendly nature was contagious for all of our athletes and those that met her and we will miss her immensely.

To Pete, Rondelle and Sarah - I offer our deepest and heartfelt sympathies, love and support. Vale Jess Berechree.

A tribute!

Following the sudden loss last year of our life member, Michael Lee, the Region 3 committee arranged a tribute to remember Michael, by naming the Regional relay awards after him. His daughter (and former athlete) Jessenia proudly awarded the winner of each of the 4 relays at Dubbo the award. I am proud to report that 3 of the 4 teams awarded first place by Jessenia, were Glenbrook teams.

Our committee also made a tough decision this year. The Late Bob Leach and Michael Lee, hold a number of the same values and attributes and were both well respected within the community. Both are remembered fondly by many children and families. For this reason, we have decided to retire the Bob Leach award, and commence a new award in Michael's name.

In consultation with his wife Sandra, we will make sure that Bob continues to be recognised and will make sure we hold the valuable award in display (once we are able to construct a suitable cabinet).

A New Partnership between Little Athletics NSW and Athletics NSW

All of our athletes and families would have seen correspondence from our Affiliation Body, Little Athletics NSW.

On 27 March 2024, Athletics NSW and Little Athletics NSW jointly announced a new partnership to provide the first single Athletics offering in NSW in 56 years, enhancing and simplifying the experience for Athletes of all ages and abilities

The NSW Athletics Partnership entails Little Athletics NSW (LANSW) and Athletics NSW (ANSW) delivering the first entirely unified and single Athletics offering and has three main components.



- ★ A single Affiliation structure.
- ★ A single Membership offering.
- ★ A single Championship and Events pathway open to all participants in the NSW Athletics community.

So, what does this mean for Glenbrook Little Athletics Club and its athletes?

Next season, our Centre will continue to deliver the same offering that it always has.

We will deliver a program for Tot's through to Under 17's. This means, that our older athletes who normally have a 'dual registration' LANSW and ANSW will no longer have to sign up to two separate clubs. Our athletes will be able to compete in the normal LANSW sanctioned events (such as gala days, zone, region and State and so on), but can also compete in the ANSW sanctioned events, such as NSW Juniors, NSW All Schools, Nationals, the Treloar Shield and so on.

Closing Remarks

This year, two of our long-term committee members are retiring,

Firstly, I wanted to thank Claire Webber, who was our Secretary for the past 6 years, and has earned a season off to watch her children before they age out of little athletics! Claire is our quiet achiever and has kept our club running smoothly over a number of years.

And secondly, Bronwyn Jackson, who has a huge workload behind the scenes, preparing our events and sheets each week, entering timely results and updates, updating records, data entry, trophies and awards, and a backbone of the club comp days.

Please join me in thanking both ladies for their years of dedication and support to the club. Both ladies really are a heart beat for our club and we will miss them.

And finally, our communicate director and expert Ali Peter's says farewell to us. Ali had some big shoes to fill following Shannon's retirement last year, and she really stepped up to the plate. Ali has been tremendous on all things social media, comms with a touch of marketing and making sure we get clear key messages out to the right people at the right time. A massive thanks to Ali.

Congratulations to all athletes and families for an excellent 23/24 season. I look forward to seeing you all again next year.

Stephen Gardiner (President)

Treasurer's Report

Thank you to the GLAC 2023-24 Committee for their support during my first year as treasurer.

Net fees from registrations finished with 27k – which is up 13% from the previous year. An increase in the cost of canteen supplies has resulted in a profit of \$4.3k which is down from last year but cannot be helped as I'm sure we have all felt the rising costs of meat and groceries. Thank you to Holly and Rachel for their commitment to the club and ensuring we are all well fed and watered each Saturday as well as the banter when I've cooked the BBQ.

The big achievements made by our equipment officer Cam has made a significant difference to the time it takes to withdraw and pack away the equipment. This, along with the new High Jump, Hurdles and too much else to name came at a cost of 22k which while expensive was definitely worth it and an investment that will continue to pay off for years to come.

Our own Grounds Keeper Willie (or Jason as he likes to be known) has done an excellent job throughout the year and had the grass growing at such a rate that line marking came in at a steep \$8.6k for the year however I believe the committee decision to utilise Walk the Line to ensure our markings were exceptional throughout the season was the right call.

Thank you to our Sponsors – Blaxland Day & Night Chemist, Kellyville Optical & Lewis Financial. Your generosity a commitment to our club has put us in a financial position to undertake more than we would have been able to complete without your support so thank you.

Overall trading for the year closed with a deficit of 7k however the club is still in a strong financial position and won't have as many large items to purchase next year.

A special mention to Steve and Erica and the rest of the committee – thank you for being great teammates and for all the work you have done behind the scenes to keep things moving, take care and I will see you all next season!

Callum Patton (Treasurer)



Registrar's Report

GLAC just keeps going from strength to strength and growing an awesome community - we had a massive 407 registered athletes this 2023/24 season. I feel like I am repeating myself each year, but the statement remains true again this season: "This is a record number of registrations in recent club history". We increased our registrations from our 2022/23 season of 381 athletes, and broke the 400 members which is so great for our humble little club.

We welcomed an impressive 182 new families to our great club and had 225 returning members, very impressive.

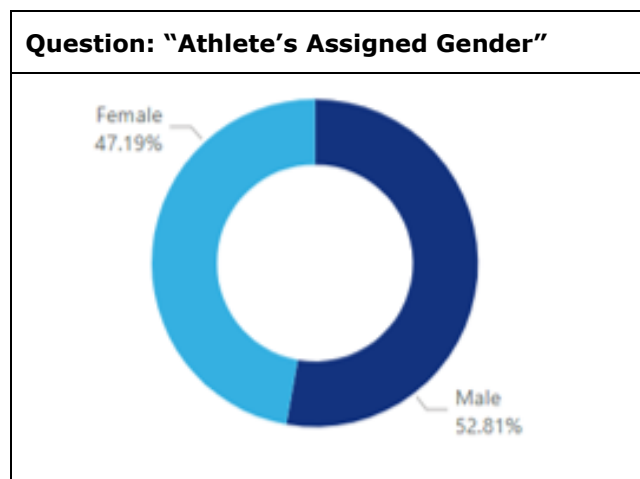
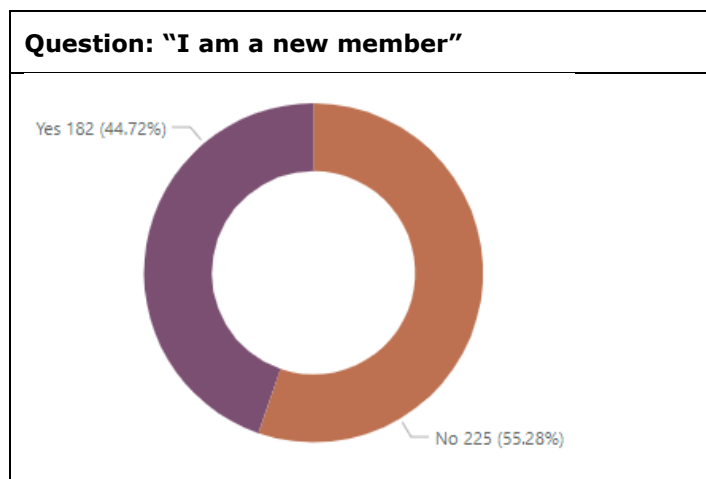
We look forward to seeing all athletes and families back next season for another fun filled year of athletics and the all-important socialising with our wonderful GLAC friends.

Renae Dixon (Registrar)

The table below shows the schools our athletes attend, and the graphs show how many new members registered this season, as well as the division by gender.

School	No. of Registrations
Bethany Primary School	6
Blaxland East Public School	26
Blaxland High School	23
Blaxland Public School	5
Blue Mountains Grammar Prep School	2
Caroline Chisholm	2
Cathwest McCarthy / Penola Catholic School	1
Ellison Road Public	35
Emu Heights Public School	6
Emu Plains Public School	11
Faulconbridge Public School	5
Glenbrook Public School	45
Hazelbrook Public School	3
Holy Family Primary School	2
Jamisontown Public	1
Lapstone Public	18
Leonay Public School	2
Mamre Anglican School	3
Mt Riverview Public School	14

School	No. of Registrations
Nangamay Public School	5
Nepean Christian School	10
Nepean High School	3
Our Lady Of The Way, Emu Plains	15
Penrith Anglican College	24
Penrith Christian School	9
Regentville Public School	6
Springwood Public School	8
St Columba's High School	8
St Dominics College	3
St Finbar's Primary	18
St Pauls Grammar	9
St Thomas Aquinas	11
Warrimoo Public School	11
Winmalee High School	6
Winmalee Public School	3
Wycliffe Christian School	12
Xavier College	1
York Public	2





Championship Report

What a fantastic 2023-2024 season we've had with our Glenbrook club members. Congratulations to all athletes who participated in Championship events, and to all those giving it a go every Saturday morning at club competition.

Thank you to all the committee members who have guided me throughout my first year as the Championship Manager, and to the LANSW Officials who patiently assisted in all our queries and concerns whilst I've been learning the ropes. It is so greatly appreciated.

A huge thank you to all the parent helpers who have assisted on Saturday competitions, and across our Zone, Region, and State events. We are surrounded by amazing volunteers, and so many who see a need and are ready to jump in to help make things happen.

And lastly, thank you to all the athletes who made this season a time to have fun, try your best, and to be a good sport. You should all be proud of what you've done this season, and we look forward to seeing you in the next one.

Elizabeth Paterson (Championship Manager)

Western Ranges Zone Championship

2nd-3rd December 2023 @ Kurrajong Athletics Centre

Glenbrook Little Athletics Club stepped up big time to represent at this year's Western Ranges Zone Championship. Anyone from U7's to U17s are eligible to give it a go in the events of their choice, and our club saw 167 athletes register to put their best foot forward for themselves and for our club, with a total of 657 event entries! Almost every event had at least one Glenbrook athlete representing, with our biggest representation coming from our U11's age group.

U7's are not eligible to proceed to the Region Championship, but we saw several medal placings from our youngest athletes who took to the Zone Competition field for the first time:

U7 Girls Medal Placings:

- Juliet Eggins – 3rd 100m sprint, and 2nd Discus.
- Amelia Fuller – Tied 2nd 50m sprint, and 1st Discus.
- Isabelle Pattinson – 3rd Discus.

U7 Boys Medal Placings:

- Lucas Lancaster – 1st 500m Pack Start Run, 1st 100m sprint, 3rd 70m sprint, and 2nd 200m sprint.
- Bentley McGuire – 3rd 500m Pack Start Run, and 1st Discus.
- Noah Thompson – 1st 50m sprint, 2nd Discus, 2nd 70m sprint, and 1st Long Jump.
- Ezekiel James Walker – 3rd Long Jump.

Congratulations to these athletes and all those who represented our club. We hope to see you all come back next year, and hopefully, come with us to Region as the next stage of the competition.

Region 3 Championship

3rd-4th February 2024, Barden Park, Dubbo

The trip to Dubbo is a huge undertaking for our club members, and we thank each and every one of the families that made the effort to support our athletes out there. We appreciate the extensive travel, cost of accommodations and the intense heat during these weekends is taxing on all, and we were so proud to see how everyone conducted themselves with patience, professionalism, respect and looking out for each other. An extra thank you to those parent helpers who jumped in last minute to fill unforeseen gaps across the weekend and for managing the time changes on the Sunday.

Congratulations to all athletes who competed in Dubbo, especially to the following athletes who achieved **top three** results at the Region 3 Championship:

Age Group	Athlete Name	Position	Event
U8 Boys	Jackson Noakes	2 nd 2 nd 3 rd	400m Run Pack Start 70m run 200m run
	Reid Scott	1 st 1 st 1 st 1 st	400m Run Pack Start Long Jump 700m Run Pack Start 200m
U8 Girls	Chloe Fysh	1 st 3 rd 1 st	100m Long Jump 70m
U9 Boys	Heath Peck	2 nd 2 nd 2 nd	400m 800m 200m
	Hugh Paton	3 rd	High Jump
	Hugo Pillai	3 rd	800m
	Jack Seymour	1 st 1 st	800m Shot Put
	Lachlan Eggins	3 rd 2 nd 1 st	60m Hurdles Long Jump High Jump
	Peter Bentham-Mudie	2 nd 3 rd	60m Hurdles Discus
U9 Girls	Charlotte Pattinson	2 nd	700m Walk
	Charlotte Emily Walker	3 rd	60m Hurdles
	Lyla Titcume	1 st 1 st 2 nd 1 st	400m 100m 800m 200m
U10 Boys	Lucas Okulicz	3 rd	Shot Put
	Luke Amos Walker	3 rd 1 st	400m 800m
	Zac Watson	1 st 1 st 1 st 1 st	100m High Jump 70m 200m
U10 Girls	Ada Dinsmore	3 rd	Discus
	Alexa Lancaster	1 st 1 st 1 st 1 st	60m Hurdles 400m 100m 200m



Age Group	Athlete Name	Position	Event
	Amelie Andrews	2 nd	60m Hurdles
	Sofina Dedovic	1 st	70m
U11 Boys	Austin Nix	1 st	Javelin
	Hamilton Kinneally	3 rd	Javelin
	Theo Kelshaw	2 nd	1100m Walk
	William Paterson	1 st	80m Hurdles
		2 nd	Triple Jump
3 rd	High Jump		
U11 Girls	Addison Scott	3 rd	400m
		3 rd	100m
		3 rd	200m
		3 rd	Long Jump
	Ava Noakes	1 st	800m
	Cassia Martin	1 st	1500m
		3 rd	800m
	Charlotte Okulicz	2 nd	1500m
		2 nd	800m
		2 nd	Javelin
Evie Graham	1 st	Javelin	
Rosa Webb	2 nd	Shot Put	
	2 nd	High Jump	
Ziva Titcume	3 rd	Javelin	
Zoe Zahra	1 st	Shot Put	
	3 rd	Discus	
U12 Boys	Conor Clune	1 st	High Jump
	Finlay O'Connell	2 nd	1500m
		1 st	400m
		1 st	800m
	Lincoln Moore	2 nd	1500m Walk
Teddy Lane	2 nd	200m	
U12 Girls	Elise Victoria Walker	1 st	1500m
		3 rd	800m
	Felicity Viney	3 rd	Shot Put
	Jasmin Dedovic	2 nd	100m
		3 rd	Triple Jump
		2 nd	200m
Jenna Rhodes	1 st	Long Jump	
	1 st	Triple Jump	
1 st	80m Hurdles		
Summer Clarke	2 nd	80m Hurdles	
U13 Boys	Daniel Uthmeyer	1 st	Javelin
		3 rd	Discus
		1 st	Shot Put
	Dylan Peck	2 nd	1500m
		3 rd	800m
	Caleb Ritchie	2 nd	Javelin
		2 nd	Shot Put
Lucas Paton	3 rd	200m Hurdles	
	2 nd	400m	
Jasper Engelhard	3 rd	High Jump	
Patrick Bell	2 nd	200m Hurdles	
	2 nd	80m Hurdles	
U13 Girls	Adalie Martin	1 st	1500m
		1 st	800m

Age Group	Athlete Name	Position	Event	
	Charli Butler	1 st 1 st	Long Jump 80m Hurdles	
	Piper Kelshaw	1 st 3 rd	1500m Walk 400m	
	Willow Couter	2 nd	High Jump	
U14 Boys	Jacob Zahra	2 nd 2 nd	100m 200m	
	William Wood	3 rd 1 st	400m 800m	
U14 Girls	Caitlin Bestley	2 nd 2 nd 2 nd 3 rd	200m Hurdles 400m 80m Hurdles 200m	
	Ebony Dunwell	2 nd	3000m	
	Gabriella Bentham-Mudie	1 st 1 st	Long Jump Triple Jump	
	Lucinda Healy	3 rd 3 rd	200m Hurdles Long Jump	
U15 Boys	Ben Webber	1 st 3 rd 3 rd 2 nd	400m 100m Shot Put 200m	
	Nicholas Godwin	1 st 2 nd	300m Hurdles Discus	
	Ryan Lane	3 rd	800m	
U15 Girls	Alice Bedingfield	1 st 1 st 2 nd	High Jump Triple Jump Long Jump	
	Isabella Ferguson	3 rd 1 st 1 st	Discus Shot Put Javelin	
	Isabella O'Connell	3 rd	100m	
U17 Boys	Finn Conole-Buck	3 rd 2 nd	100m 200m	
	Logan Dixon	2 nd	800m	
	Michael Gardiner	3 rd 1 st 3 rd	Javelin Triple Jump Discus	
	Thomas Daw	1 st 2 nd 1 st	Shot Put Javelin Discus	
U17 Girls	Ania Bestley	3 rd	400m	
	Elizabeth Godwin	1 st 2 nd	300m Hurdles 100m Hurdles	
	Kaaren Healy	2 nd 3 rd 3 rd 3 rd	300m Hurdles 100m Triple Jump Long Jump	
		Lilly Allport	1 st	Javelin



Congratulations to our Regional Record breakers!

- Chloe Fysh U8 Girls 70m sprint – 11.64s
- Gabriella Bentham-Mudie U14 Girls Triple Jump – 10.55m
- Reid Scott U8 Boys 200m – 32.88s
- Reid Scott U8 Boys 400m Run Pack Start – 1:16.97
- Reid Scott U8 Boys 700m Run Pack Start – 2:34.25
- William Wood U14 Boys 800m – 2:12.94

Region 3 Relays

It was a great success to see all four of the relay teams our club put together at the Zone competition take first place and be able to take the teams to the Regional level at Dubbo. Three out of the four teams achieved 1st place at Regional, qualifying for State, as the very last events on a very hot day of competition. Well done to our amazing teams of athletes!

- Junior Girls 1st – Lyla Titcume (U9), Amelie Andrews (U10), Addison Scott (U11), and Jasmin Dedovic (U12), with a time of 1:00.70
- Senior Girls 2nd – Charli Butler (U13), Caitlin Bestley (U14), Isabella O'Connell (U15), and Elizabeth Godwin (U17), with a time of 53.11
- Junior Boys 1st – Jack Seymour (U9), Zac Watson (U10), William Paterson (U11), and Alexander Godwin (U12), with a time of 1:00.85
- Senior Boys 1st – Patrick Bell (U13), Jacob Zahra (U14), Ben Webber (U15), and Finn Conole-Buck (U17), with a time of 48.72

NSW State Championships

23rd – 24th March 2024, Sydney Olympic Park, Homebush

U9 through to U17 progress through to this event after qualifying from their Zone and Region Championships. Thanks to the families who supported their children in getting to SOPAC, amidst a very busy weekend for the Homebush area, and helped with events as requested. Thank you to all those parents who filled in for parent helper allocations, and a big thankyou to Simon Bestley and Steve Gardiner for sharing the load of team manager across the weekend.

We're super proud of the 58 athletes who qualified for state – more than last season - with the U13's our largest age group representing the club. Glenbrook represented our region in 110 spots across the weekend. Well done team Glenbrook!

The following athletes achieved a top 3 result at State.

- Lilly Allport – U17 Girls Javelin – 2nd place – 40.75m
- Lincoln Moore – U12 Boys 1500m Walk – 3rd place – 8:32.55
- William Wood – U14 Boys 800m – 3rd place – 2:03.91

The table below shows how all of our athletes performed at State.

ATHLETE	Age Group	Placing	Event	Time/Measurement
Adalie Martin	U13	7 th	1500m	4:56.45
		14 th	800m	2:26.61
Addison Scott	U11	8 th	Jnr Girls Relay	59.20
Alexa Lancaster	U10	21 st	100m	15.69
		12 th	200m	31.47
		10 th	400m	1:10.74
Alexander Godwin	U12	8 th	Jnr Boys Relay	59.72
Alice Bedingfield	U15	10 th	High Jump	1.40m
		20 th	Triple Jump	8.84m
		DNS	Long Jump	-
Amelie Andrews	U10	8 th	60m Hurdles	11.62
		10 th	400m	1:10.74
		8 th	Jnr Girls Relay	59.20
Austin Nix	U11	18 th	Javelin	19.15m
Ava Noakes	U11	11 th	800m	2:39.37
Ben Webber	U15	7 th	400m	53.31
		12 th	200m	24.28
		5 th	Snr Boys Relay	47.58
Caitlin Bestley	U14	11 th	400m	1:01.73
		5 th	200m Hurdles	30.25
		6 th	80m Hurdles	13.28
		10 th	200m	26.85
Caleb Ritchie	U13	13 th	Triple Jump	10.05m
		12 th	Javelin	28.16m
		20 th	Discus	25.01m
		10 th	Long Jump	4.74m
		12 th	Shot Put	10.35m
Cassia Martin	U11	22 nd	1500m	5:58.16
Charli Butler	U13	19 th	Jong Jump	4.07m
		14 th	80m Hurdles	14.68
Charlotte Okulicz	U11	23 rd	1500m	6:04.16
		24 th	800m	2:56.25
		20 th	Javelin	14.27m
Charlotte Pattinson	U9	20 th	700m Walk	5:21.59



ATHLETE	Age Group	Placing	Event	Time/Measurement
Conor Clune	U12	DNS	High Jump	-
Daniel Uthmeyer	U13	7 th 6 th 7 th	Javelin Discus Shot Put	32.54m 41.06m 10.86m
Darcy Barker	U13	11 th	High Jump	1.50m
Dylan Peck	U13	24 th	1500m	5:16.95
Elizabeth Godwin	U17	DNS DNS	300m Hurdles 100m Hurdles	- -
Elyse Walker	U12	16 th	1500m	5:21.52
Evie Graham	U11	17 th	Javelin	16.40m
Felicity Viney	U12	DNS	Shot Put	-
Finn Conole-Buck	U17	8 th 10 th 5 th	100m 200m Snr Boys Relay	11.49 23.16 47.58
Finlay O'Connell	U12	17 th 13 th 19 th	1500m 400m 800m	4:59.99 1:03.57 2:26.06
Gabriella Bentham-Mudie	U14	4 th 9 th	Triple Jump Long Jump	10.74m 4.62m
Heath Peck	U9	19 th 13 th 19 th	400m 200m 800m	1:13.50 32.04 2:53.53
Isabella Ferguson	U15	10 th DNS 13 th	Shot Put Discus Javelin	10.66m - 24.98m
Jack Seymour	U9	18 th 8 th 17 th	Shot Put Jnr Boys Relay 800m	6.34m 59.72 2:50.33
Jacob Zahra	U14	DNS DNS 5 th	100m 200m Snr Boys Relay	- - 47.58
Jasmin Dedovic	U12	24 th DNS 8 th 23 rd 12 th	100m 200m Jnr Girls Relay Triple Jump Long Jump	15.13 - 59.20 7.67m 4.07m
Jasper Engelhard	U13	13 th	High Jump	1.50m
Jenna Rhodes	U12	15 th 8 th	80m Hurdles Triple Jump	14.21 9.06m
Kaaren Healy	U17	12 th 23 rd	300m Hurdles 100m	50.32 13.27
Lachlan Eggins	U9	12 th ND	High Jump Long Jump	1.10m -
Lilly Allport	U17	2 nd *	Javelin	40.75m
Lincoln Moore	U12	3 rd *	1500m Walk	8:32.55
Logan Dixon	U17	17 th	800m	2:14.68
Luke Walker	U10	16 th	800m	2:36.72
Lucas Okulicz	U10	8 th	Shot Put	8.27m
Lucus Paton	U13	12 th 8 th	400m 200m Hurdles	1:01.61 30.13
Lyla Titcume	U9	14 th 14 th 7 th 8 th DNS	100m 400m 200m Jnr Girls Relay 800m	15.65 1:16.04 32.82 59.20 -

ATHLETE	Age Group	Placing	Event	Time/Measurement
Michael Gardiner	U17	14 th	Discus	33.84m
		16 th	Triple Jump	11.83m
Nicholas Godwin	U15	13 th	300m Hurdles	48.66
		11 th	Discus	34.18m
Patrick Bell	U13	7 th	200m Hurdles	29.97
		18 th	80m Hurdles	14.21
		5 th	Snr Boys Relay	47.58
Peter Bentham-Mudie	U9	21 st	60m Hurdles	11.17
Piper Kelshaw	U13	15 th	1500m Walk	9:43.72
Rosa Webb	U11	19 th	Shot Put	7.65m
		9 th	High Jump	1.30m
Ryan Lane	U15	DNS	1500m	-
		15 th	800m	2:13.94
Sofina Dedovic	U10	22 nd	70m	11.63
Summer Clarke	U12	22 nd	80m Hurdles	15.71
Teddy Lane	U12	DNS	200m	-
Theo Kelshaw	U11	DQ	1100m Walk	-
Thomas Daw	U17	5 th	Javelin	48.49m
		13 th	Discus	34.06m
		7 th	Shot Put	12.79m
William Paterson	U11	13 th	80m Hurdles	13.80
		11 th	Triple Jump	8.92m
		8 th	Jnr Boys Relay	59.72
William Wood	U14	9 th	400m	56.05
		3 rd *	800m	2:03.91
Willow Couter	U13	19 th	High Jump	1.35m
Zac Watson	U10	8 th	100m	14.72
		7 th	200m	29.90
		8 th	Jnr Boys Relay	59.72
		9 th	70m	10.48
		7 th	High Jump	1.20m
Zachary Dunwell	U15	DNS	800m	-
Zoe Zahra	U11	10 th	Shot Put	8.31m

Relays

We would also like to congratulate our three relay teams that competed at the State Competition:

- **8th Place: Girls U9-12 4x100m Relay (Jnr)** - Lyla Titcume (U9), Amelie Andrews (U10), Addison Scott (U11), and Jasmin Dedovic (U12), with a time of 59.20
- **5th place: Boys U 12-17 4x100 Metre Relay (Snr)** - Patrick Bell (U13), Jacob Zahra (U14), Ben Webber (U15), and Finn Conole-Buck (U17), with a time of 47.58
- **8th place: Boys U 9-12 4x100 Metre Relay (Jnr)** - Jack Seymour (U9), Zac Watson (U10), William Paterson (U11), and Alexander Godwin (U12), with a time of 59.72

Each team improved on their regional time and showed great teamwork and sportsmanship.

State Cross Country & Road Walk Championship

2nd July 2023, Scheyville National Park

Congratulations to all our athletes that participated in the Road Walk and Cross-Country championships that took place at the end of the 2022/2023 season.

Age	Athlete Name	Position	Event	Time
U7 Boys	Dominic Magagna	6 th	1000m	4:54
U8 Girls	Emilia Field	15 th	1000m	5:19
U9 Boys	Orlando Magagna	8 th	1500m	6:07
	Thomas Field	14 th	1500m	7:14
U10 Girls	Cassia Martin	6 th	1500m	6:09
U11 Girls	Olivia-Anne Field	15 th	2000m	9:25
U11 Boys	Finlay O'Connell	5 th	2000m	6:47
	Jarvis Gauci	9 th	2000m	7:33
	Lincoln Moore	10 th	2000m	7:36
U12 Girls	Adalie Martin	3 rd	2000m	7:18
U12 Boys	Samuel Lasky	9 th	2000m	7:13
U14 Boys	Zachariah Georgiou	7 th	3000m	11:10
	Micah Georgiou	10 th	3000m	12:53
U15 Girls	Lucy Presland	3 rd	3000m	NT
U17 Girls	Olive Gauci	2 nd	3000m Walk	19:29

State Relay Championship

11th Nov – 12th Nov 2023, Sydney Olympic Park, Homebush

Congratulations to our athletes who chose to participate at the State Relay championships. As the name suggests the Championships are comprised entirely of relay events. The State Relays are held in November each year. Juniors (U8 to U11), compete on the Saturday and Seniors (U12 to U17) compete on the Sunday.

A special congratulations to our medal-winning teams:

- Boys U12 Jumps Relay – 2nd place – total 21.32m
- Boys U9 Jumps Relay – 3rd place – total 21.23m
- Boys U13 Jumps Relay – 3rd place – total 20.51m

And well done to all our relay teams:

- Boys U8-11 Middle Distance Relay – 24th place – 12:09.98
- Girls U11 4x100m Relay – 11th place – 1:01.08
- Girls U11 Jumps Relay – tied 14th place – total 18.38m
- Boys U11 Jumps Relay – 17th place – total 17.28m
- Girls U11 Throws Relay – 29th place – total 7.99m
- Boys U11 Throws Relay -23rd place – total 12.79m
- Boys U12-15 Middle Distance Relay – 12th place – 10:21.84
- Boys U12 4x100m Relay – 16th place – 59.22
- Boys U13 4x100m Relay – 11th place – 54.95
- Girls U15 4x100m Relay – 10th place – 54.89
- Girls U13 4x100m Relay – 23rd place – 1:02.16
- Mixed U15 4x400m Relay – 7th place – 4:20.35
- Girls U13 Throws Relay – 24th place – total 7.16m
- Boys U13 Throws Relay – 16th place – total 11.99m
- Girls U13 Jumps Relay – 20th place – total 17.03m

Go Team Glenbrook! You are all Champions!



GLAC Perpetual Trophies

Michael Lee Trophy - Club Person Of The Year

This award is presented to someone who has assisted the club, beyond the norm, and have put in the extra effort, as nominated by a member of the club, and voted on by the committee.

AWARDED TO:
Tony Kelshaw

Joel Milburn Trophy

This trophy is awarded to the Junior athlete (U6-U10) who has shown dedication by regular attendance and competition and missed out on a Top 3 trophy.

AWARDED TO:
Sebastian Dwyer

June Calkin Trophy

This trophy is awarded to the Senior athlete (U11-U17) who has shown dedication by regular attendance and competition and missed out on a Top 3 Dave Apps trophy.

AWARDED TO:
Abigale Vidler

Greg Dickson Trophy

This trophy is awarded to the athlete in the U9-U17 age groups, who has qualified to represent the Centre at the LANSW State Championships and who achieves by calculation the highest level of performance across all their events.

AWARDED TO:
Zac Watson & Caitlin Bestley

Sullohern Cross Country Trophy

This award is presented to the best performance from a club performance in the State Cross country championships.

AWARDED TO:
Adaline Martin

Karl Rugg State Roadwalks Trophy

This is awarded to the athlete with the best performance at the previous season's State Roadwalk Championships.

AWARDED TO:
Olive Gaudi

Reg Thompson Trophy

This is awarded to the athlete in the U6-U12 group who achieves the most Dave Apps points in the season.

AWARDED TO:
Delilah Lee

Russell Peters Trophy

This is awarded to the athlete in the U13-U17 group who achieves the most Dave Apps points in the season.

AWARDED TO:
Abigail Bagge



Results and Records

The Results & Records Officer each week inputs all results into our Centre Results System which generates all our points and provide results that can be viewed and printed by families at home.

This year we managed to compete on 15 Saturdays out of a possible 20. We lost a total of 4 days to weather conditions, 3 to the wet and 1 to the heat. This year also saw the introduction of our 1st Christmas fun day which did not contribute to an athlete's overall attendance.

2023-2024 100% Attendance

The following athletes competed on all 15 occasions and were awarded 100% attendance.

Jack Fairbairn U6	Sebastian Dwyer U8	Jasmin Dedovic U12
Elijah Rider U6	Sofina Dedovic U10	Abigale Vidler U12
Isaac Rider U8	Georgia Cane U11	Willow Couter U13

2023-2024 New Club Records

Age	Event	Athlete	Result
GIRLS			
U/17	Javelin	Lilly Allport	39.20m
U/17	100mH	Elizabeth Godwin	15.60sec
U/17	200m	Elizabeth Godwin	26.50sec
U/17	300mH	Elizabeth Godwin	47.78sec
BOYS			
U/14	800m	William Wood	2:08.80min
U/17	1500m	Ethan Mackie	4:28.50min
U/17	Shot Put	Thomas Daw	12.89m



Glenbrook LAC 100 Club

A perpetual tally of Saturday Competition days attended by an athlete.

This season 3 more athletes join this club:

Name	No.
Patrick Bell	106
Lucy Presland	104
Zara Corbett	100

These athletes are the 100 club athletes since Season 2003/04:

Name	No.	Name	No.	Name	No.
Kaylah Lamb	191	Jesenia Bodey Lee	135	Elizabeth Godwin	118
Maeve Goehner	184	Jessica Harris	134	Ethan Cook	117
Liam Murphy	184	Matthew Bell	133	Nicholas Godwin	116
Cleo Price	183	Lauren Doorey	133	Charli Butler	115
Marlies Hopman	181	Olivia Harris	133	Chloe Kremenovic	115
Tijmen Hopman	176	Oliver Hinchliffe	132	Nila Ali	114
Tanissa Ali	172	Leah Blinkhorn	131	Grace Bedingfield	114
Mitchell Andrews	172	Danyon Dowton	131	Carly Hanko	114
Zac Andrews	172	William Morris	131	Alysia Hughes	114
Mitchell Drew-Rugg	163	Joseph Kitching	130	Ryley Hughes	114
Amity Buss	162	Kaitlin Leyland	130	Tamara Kremenovic	114
Zara Ali	158	Harrison Strahan	130	Tom Allport	113
Heidi Wood	158	Alice Bedingfield	129	Logan Ogilvie	113
Lachlan Nicholls	157	Stephen Burns	129	Jade Dighton	112
Lachlan Strahan	157	Carly Parkes	129	Lily Rooney	111
Kaitlin Bell	156	Spencer Hinchliffe	128	Byron Dixon	110
Charlotte Husarek	156	Aidan McKervey	128	Dakota Smith	110
Benjamin Maxwell	155	Tristan Scott	128	Jessica Maxwell	108
Mae Price	155	Claire Nicholls	127	Georgie Zahra	107
Jake Andrews	153	Lucy Webber	126	Patrick Bell	106
Ben Webber	153	William Wood	126	Jemma-Lee Dighton	106
Jasmine Dighton	151	Zara Ebeling	125	Dylan Forster	106
Caitlin Murphy	151	Cooper Jeal	125	Courtney Cook	105
Savannah Buss	149	Harry Wrightson	125	Brandon Puri	105
Hayden Perry	149	Samuel Wheeler	123	Jonathon Turner	105
Siobhan McKervey	147	Jessica Berechree	122	Tom Wrightson	105
Jezabel Mills	145	Finn Conole-Buck	122	Olivia Greenaway	104
Alexander Xuereb	145	Isaac Ebeling	122	Nicholas Hanko	104
Jason Dighton	142	Saskia Hopman	122	Emily Milne	104
Lauren Perry	142	Benjamin Jagger	122	Lucy Presland	104
Harry Kitching	140	Logan Dixon	120	Alana Jackson	103
Gabrielle Bentham-Mudie	138	Reilly Leyland	120	Marissa Webb-Johnson	103
Lauren Addy	137	Rachel Addy	119	Eloise Lorking	102
Patrick Dickson	136	Lilly Allport	119	Zara Corbett	100
Kyra Barrett	135	Hannah Beeby	119	Willow Waizer	100



LANSW Long Service Award Recipients 2023/2024 Season

The following athletes have reached the milestone of competing for 10 years with Glenbrook little athletics club:

Gabriella Bentham- Mudie
Harry Kitching
Lucy Presland

William Morris



Tiny Tots

All Tiny Tots Competitors

Girls

Charlie Posford
Emma Dwyer
Clara Patrick

Poppy Hudson
Matilda Lipscombe
Elaina Watling

Audrey Kelly
Mahlia Lee

Boys

Ace Logue
Alessio Gozzo
Archie Richardson
Arlo Simone
Cove Hudson

Elijah Reljic
Ezekiel Howe
Harvey Loudon
James Foye
Jude Williams

Levi Summerville
Maxwell Sansom
Oliver Dixon
Reegan Coote
Scout Lukins

Under 6

Centre Age Champions

Girls	Boys
Sienna Gourdouvelis	Zarko Rados

Dave Apps Achievement Trophy

Girls		Boys	
1st	Ava Chapman	1st	Elijah Rider
1st	Liesel Hill	1st	Jack Fairbairn
3rd	Thea Paterson	3rd	Lachlan Hamond

Under 6 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Sienna Gourdouvelis	20.50	Zarko Rados	19.50
200m	Sienna Gourdouvelis	44.70	Dalton Leavey	46.00
50m	Sienna Gourdouvelis	10.40	Zarko Rados	9.90
70m	Evangeline Lynch	14.30	Zarko Rados	13.90
Discus	Lily Martiensen	6.42	Lachlan Hamond	6.70
Long Jump	Lily Martiensen	2.29	Luke Gardiner	2.46
Pack Start	Evangeline Lynch	1:16.10	Dalton Leavey	1:17.50
Shot Put	Lily Martiensen	4.15	Zarko Rados	5.02
Vortex	Lily Martiensen	6.84	Zarko Rados	14.29

All Under 6 competitors

Girls

Alexa Willis	Felicity Magagna	Lily Martiensen	Sienna Gourdouvelis
Amayah Wilson	Georgia Paul	Madelyn Sloane	Talei Oxford
Ava Chapman	Harriet McClenahan	Nala Edwards	Thea Paterson
Evangeline Lynch	Liesel Hill	Ruby Bowron	Violet Horikx

Boys

Archie Holmes	Jack Fairbairn	Kai Norman	Luke Gardiner
Dalton Leavey	Jagger Sinclair	Lachlan Hamond	Sebastian Cole
Elijah Rider	Jarvi Perkins	Leo Littlebury	Theodore Walker
Elliott Wall	Joey Hiam	Lucas Harb	Zarko Rados
Jace Peake			

Under 7

Centre Age Champions

Girls	Boys
Neve Williams	Lucas Lancaster

Dave Apps Achievement Trophy

Girls		Boys	
1st	Madeleine Dinsmore	1st	Noah Thompson
2nd	Juliet Eggins	2nd	Jack Murray
3rd	Isabelle Pattinson	3rd	Beau Fillingham

Under 7 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Amelia Fuller	20.60	Lucas Lancaster	18.60
200m	Neve Williams	45.20	Lucas Lancaster	39.20
50m	Neve Williams	10.30	Lucas Lancaster	9.30
70m	Neve Williams	14.10	Lucas Lancaster & Noah Thompson	13.10
Discus	Heidi Thorpe	7.73	Noah Thompson	13.60
Long Jump	Heidi Thorpe	2.46	Lucas Lancaster	2.98
Pack Start	Neve Williams	2:14.00	Lucas Lancaster	1:55.10
Shot Put	Juliet Eggins	4.85	Noah Thompson	5.47
Vortex	Matilda Mayes	9.92	Bentley McGuire	18.57

All Under 7 competitors

Girls

Alexandra Morris	Evie Rhodes	Lilly Cain	Mia Jenkins
Amelia Fuller	Heidi Thorpe	Lilyana Kelly	Neve Williams
Anna Ilijeski	Isabelle Pattinson	Madeleine Dinsmore	Summer Wilson
Annabelle Ryan	Juliet Eggins	Matilda Mayes	Willow Cain
Eliza Russell			

Boys

Arthur Vincent	Ezekiel Walker	James Cavanagh	Oliver Glew
Beau Fillingham	Finley Donaghey	Logan Arneill	Ryder Letters
Bentley McGuire	Finley Jones	Lucas Lancaster	Thomas Babbage
Cooper Reljic	Hendrix Arama	Lucas Relf	Thomas Walters
Daniel Gabriel	Hendrix Nicholls	Lucas Taylor	Wyatt Stubbs
Edward Vincent	Henry Cobb	Noah Thompson	Zach Scarborough
Ellis Marlow	Jack Murray		



Under 8

Centre Age Champions

Girls	Boys
Chloe Fysh	Reid Scott

Dave Apps Achievement Trophy

Girls		Boys	
1st	Maggie Sanson	1st	Isaac Rider
2nd	Sophia Willis	1st	Jackson Noakes
3rd	Chloe Fysh	1st	Lucas Patrick
3rd	Layla Mortimer		

Under 8 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Chloe Fysh	16.80	Reid Scott	16.20
200m	Chloe Fysh	38.80	Reid Scott	34.40
400m	Chloe Fysh	1:31.30	Reid Scott	1:20.60
60m Hurdles	Chloe Fysh	13.40	Reid Scott	12.40
70m	Chloe Fysh	12.20	Jackson Noakes	11.70
Discus	Maya Blinkhorn	11.20	Reid Scott	12.47
Long Jump	Chloe Fysh	3.19	Reid Scott	3.33
Pack Start	Chloe Fysh	3:01.30	Jackson Noakes	2:34.70
Shot Put	Maya Blinkhorn	4.70	Flynn Perkins	5.39
Vortex	Maya Blinkhorn	14.50	Reid Scott	22.40

All Under 8 competitors

Girls

Audrey Sargent	Chloe Fysh	Macie Williams	Paige Scarborough
Avelina Oxford	Josie Kelly	Maggie Sanson	Piper Killen
Bobbie Franco	Layla Mortimer	Maya Blinkhorn	Sophia Willis
Chanel Hollins			

Boys

Archie Loudon	Flynn Perkins	Jackson Noakes	Orin Turner
Byron Daniel	Harrison Sloane	James Payne	Reid Scott
Dominic Magagna	Harry Goulden	Kaizen Perkins	Sebastian Dwyer
Ethan Bowron	Hugh Murphy	Lucas Patrick	Teddy Edwards
Ethan Gauci	Isaac Rider	Oliver Paterson	

Under 9

Centre Age Champions

Girls	Boys
Lyla Titcume	Jack Seymour

Dave Apps Achievement Trophy

Girls	
1st	Delilah Lee
2nd	Evie Mortimer
3rd	Arlo O'Connell
3rd	Cassidy Jackson
3rd	Halle Scott
3rd	Matilda Graham
3rd	Mia Thompson

Boys	
1st	Hunter Chapman
2nd	Archer Littlebury
3rd	Patrick Ryan

Under 9 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Lyla Titcume	16.70	Lachlan Eggins	16.40
200m	Lyla Titcume	34.50	Arthur Thorpe	35.40
400m	Lyla Titcume	1:22.10	Jack Seymour	1:21.20
60m Hurdles	Halle Scott	12.50	Lachlan Eggins & Jack Seymour	11.50
700m Walk	Bella Chapman	4:48.50	Archer Littlebury	4:32.60
70m	Lyla Titcume	11.60	Heath Peck	11.60
800m	Lyla Titcume	2:54.90	Jack Seymour	2:47.90
Discus	Mia Thompson	13.10	Jack Seymour	15.75
High Jump Scissor	Lyla Titcume	1.10	Lachlan Eggins	1.10
Long Jump	Lyla Titcume	3.35	Lachlan Eggins	3.79
Shot Put	Lyla Titcume	5.07	Jack Seymour	6.72
Turbo Javelin	Ayla Peake	10.65	Peter Bentham-Mudie	16.06

All Under 9 competitors

Girls

Alyra Nicholls	Charlotte Walker	Grace Neuhof	Mei White
Alyssa Hollis	Charlotte Pattinson	Halle Scott	Mia Thompson
Arlo O'Connell	Delilah Lee	Indie Corbett	Molly Stratford
Ayla Peake	Elena Cavanagh	Lucinda O'Connell	Ruby Lamplough
Bella Chapman	Ellie Mayes	Lyla Titcume	Sienna Pantelas
Bonnie Patterson	Evelyn Sargent	Matilda Graham	Victoria Lucas
Cassidy Jackson	Evie Mortimer	Matilda Viney	Zali Taylor

Boys

Alexander Letters	Heath Peck	Jack Seymour	Nixon Cannata
Archer Littlebury	Hudson Gourdouvelis	Lachlan Eggins	Oliver Hamond
Archer McCulloch	Hugh Paton	Leon Arama	Patrick Ryan
Archer Murray	Hugo Pillai	Lewis McGuire	Peter Bentham-Mudie
Ari Wilson	Hunter Chapman	Malachi Adamson	Trey Gillett
Chase Hine	Huxton Mccullan	Malachi Howe	Zac Rawlinson

Under 10

Centre Age Champions

Girls	Boys
Alexa Lancaster	Zac Watson

Dave Apps Achievement Trophy

Girls		Boys	
1st	Alexa Lancaster	1st	Orlando Magagna
1st	Sofina Dedovic	2nd	Jenson Pillai
3rd	Ada Dinsmore	3rd	Ethan Thompson

Under 10 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Alexa Lancaster	15.60	Zac Watson	14.70
1100m Walk	Audrey Morris	7:07.90	Edward Morris	7:10.90
200m	Alexa Lancaster	33.80	Zac Watson	31.50
400m	Alexa Lancaster	1:18.00	Luke Amos Walker	1:14.00
60m Hurdles	Alexa Lancaster	11.80	Zac Watson	11.50
70m	Alexa Lancaster	11.00	Zac Watson	10.30
800m	Alexa Lancaster	2:52.40	Luke Amos Walker	2:37.20
Discus	Ada Dinsmore	13.46	Lucas Okulicz	28.30
High Jump Scissor	Alexa Lancaster	1.13	Zac Watson	1.26
Long Jump	Alexa Lancaster	3.63	Zac Watson	4.15
Shot Put	Ada Dinsmore	6.50	Lucas Okulicz	8.30
Turbo Javelin	Amelie Andrews	12.52	Lucas Okulicz	17.64

All Under 10 competitors

Girls

Ada Dinsmore	Charlotte Nicholls	Mila Musgrave	Sierra Lang
Alexa Lancaster	Isla Devine	Olive Ilijeski	Sofina Dedovic
Amelie Andrews	Ivy Williams	Paige Justic	Stella Robinson
Audrey Morris	Juliette Lynch	Samara Cole	Taylor Pachinger
Bronte Moore	Laura Broad	Shayla Bell	Zoe Fuller
Charlotte Babbage	Michaela Paterson		

Boys

Aiden Bernhart	John Paul Hamilton	Mason Norman	Ryan Walters
Conner Clarle	Kevin Walters	Michael Payne	Samson Hiam
Edward Morris	Lucas Okulicz	Oliver Wilson	Samuel Reynolds
Ethan Thompson	Luke Amos Walker	Orlando Magagna	Zac Watson
Jenson Pillai	Mac Jensen		

Under 11

Centre Age Champions

Girls	Boys
Ava Noakes	William Paterson

Dave Apps Achievement Trophy

Girls		Boys	
1st	Evie Graham	1st	William Paterson
2nd	Ava Noakes	2nd	Jordan Butler
3rd	Addison Scott	2nd	Theo Kelshaw
3rd	Georgia Cane		
3rd	Sophia Lynch		

Under 11 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Addison Scott	14.00	William Paterson	14.80
1100m Walk	Charlotte Okulicz	7:31.70	Jordan Butler	7:54.00
1500m	Charlotte Okulicz	6:09.20	Bryn O'Connell	6:03.10
200m	Addison Scott	31.00	William Paterson	31.60
400m	Addison Scott	1:12.50	William Paterson	1:14.30
800m	Ava Noakes	2:42.30	Cooper Daniel	2:54.50
80m Hurdles	Emilie Neuhof	16.00	William Paterson	15.00
Discus	Zoe Zahra	19.06	Austin Nix	24.01
High Jump	Rosa Webb	1.27	William Paterson	1.25
Javelin	Rosa Webb	15.36	Austin Nix	19.70
Long Jump	Addison Scott	3.92	William Paterson	3.94
Shot Put	Zoe Zahra	8.72	William Paterson	6.97
Triple Jump	Cassia Martin	7.50	William Paterson	8.44

All Under 11 competitors

Girls

Addison Scott	Eliza Rayner	Maddison Killen	Rose Thorpe
Alysha Castle	Eloise de Chazal	Madeleine Russell	Sophia Lynch
Ana-Sofia Scanlon	Emilie Neuhof	Madison Posford	Ziva Titcume
Ava Noakes	Evie Graham	Marlie Mccullan	Zoe Wilson
Cassia Martin	Georgia Cane	Rosa Webb	Zoe Zahra
Charlotte Okulicz	Hollie Loudon		

Boys

Austin Nix	Dylan Thompson	Jerome Walker	Piri Heke
Billy Summers	Emery Bernhart	Jordan Butler	Riley Brown
Bryn O'Connell	Hamilton Kinneally	Lewis Berriman	Theo Kelshaw
Cooper Daniel	Hudson Fysh	Lucas Hollins	Thomas Engelhard
Cooper Kelly	Jake Cranston	Oliver Zvirbulis	William Paterson
Daniel de Chazal			

Under 12

Centre Age Champions

Girls	Boys
Jasmin Dedovic	Finlay O'Connell

Dave Apps Achievement Trophy

Girls		Boys	
1st	Jasmin Dedovic	1st	Lincoln Moore
1st	Nila Ali	2nd	Jarvis Gauci
3rd	Summer Clarke	3rd	Kai Justic

Under 12 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Jasmin Dedovic	14.70	Alexander Godwin	14.20
1500m	Elyse Victoria Walker	5:45.60	Finlay O'Connell	5:04.00
1500m Walk	Jasmin Dedovic	10:57.10	Lincoln Moore	9:32.20
200m	Jasmin Dedovic	31.40	Teddy Lane	31.00
400m	Jasmin Dedovic	1:13.90	Finlay O'Connell	1:05.90
800m	Elyse Victoria Walker	2:36.40	Finlay O'Connell	2:28.50
80m Hurdles	Jenna Rhodes	15.60	Finlay O'Connell	15:00
Discus	Chloe Gardiner	18.24	Alexander Godwin	21.71
High Jump	Jenna Rhodes	1.25	Conor Clune	1.50
Javelin	Felicity Viney	15.82	Jarvis Gauci	22.05
Long Jump	Jasmin Dedovic	4.02	Owen Morris	4.24
Shot Put	Felicity Viney	8.40	Alexander Godwin	7.66
Triple Jump	Jenna Rhodes	9.10	Conor Clune	8.75

All Under 12 competitors

Girls

Abigale Vidler	Grace Bedingfield	Jenna Rhodes	Sofia Hollins
Alexa Cranston	Harper Rawlinson	Madeleine Morris	Sophia Sant
Chloe Gardiner	Ivy Bowron	Nila Ali	Summer Clarke
Elyse Walker	Jasmin Dedovic	Sofia Cavanagh	Zara Corbett
Felicity Viney	Jasmine Hollis		

Boys

Alexander Godwin	Jake Buchanan-Judd	Kai Devine	Lucas Robinson
Conor Clune	Jarvis Gauci	Kai Justic	Owen Morris
Dominic Wilkins	John Pesle	Lincoln Moore	Teddy Lane
Finlay O'Connell	Jonte Fairbairn	Lincoln Stratford	William Turner
Jack Blattman			



Under 13

Centre Age Champions

Girls	Boys
Adalie Martin	Dylan Peck

Dave Apps Achievement Trophy

Girls		Boys	
1st	Abigail Bagge	1st	Cameron Nix
2nd	Willow Couter	2nd	Quentin Lynch
3rd	Charli Butler	3rd	Luke Gabriel

Under 13 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Charli Butler	14.10	Caleb Ritchie	13.70
1500m	Adalie Martin	5:06.50	Dylan Peck	5:24.60
1500m Walk	Adalie Martin	9:32.60	Samuel Lasky	10:32.60
200m	Charli Butler	30.70	Patrick Bell	30.00
200m Hurdles	Charli Butler	33.00	Patrick Bell	32.10
3000m	Adalie Martin	10:55.10	Samuel Lasky	11:42.10
400m	Adalie Martin	1:10.00	Lucas Paton	1:07.30
800m	Adalie Martin	2:28.00	Samuel Lasky	2:31.30
80m Hurdles	Charli Butler	14.60	Patrick Bell	15.10
Discus	Charli Butler	17.60	Daniel Uthmeyer	34.81
High Jump	Willow Couter	1.30	Darcy Barker	1.52
Javelin	Charli Butler	19.80	Daniel Uthmeyer	31.23
Long Jump	Charli Butler	4.54	Caleb Ritchie	4.62
Shot Put	Sarah Broad	5.84	Daniel Uthmeyer	10.86
Triple Jump	Adalie Martin	8.10	Caleb Ritchie	9.95

All Under 13 competitors

Girls

Abigail Bagge	Bella Jordan	Isabella Scanlon	Sienna Pearce
Adalie Martin	Charli Butler	Piper Kelshaw	Willow Couter
Amorette Goodacre	Edie Jensen	Sarah Broad	

Boys

Archer Niblett	Daniel Uthmeyer	Jasper Engelhard	Patrick Bell
Bodhi Carlson	Darcy Barker	Lucas Paton	Quentin Lynch
Caleb Ritchie	Dylan Peck	Luke Gabriel	Samuel Lasky
Cameron Nix	Felix Kelly	Oliver Mackie	Tanner Clarke
Cullen Summers	Jasper Carstens		

Under 14

Centre Age Champions

Girls	Boys
Chloe Blattman	Jacob Zahra

Dave Apps Achievement Trophy

Girls		Boys	
1st	Caitlin Bestley	1st	Damien Dedovic
2nd	Lucinda Healy	2nd	Jacob Zahra
3rd	Annika Johnston-Hall	2nd	William Wood

Under 14 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Gabriella Bentham-Mudie	13.30	Jacob Zahra	13.30
1500m	Chloe Blattman	5:32.70	William Wood	4:55.50
1500m Walk	Abby Hurst	11:40.10	Leonardo Bowron	10:42.00
200m	Caitlin Bestley	29.20	William Wood	29.00
200m Hurdles	Caitlin Bestley	32.30	Jacob Zahra	31.00
3000m	Chloe Blattman	12:48.10	N/A	N/A
400m	Chloe Blattman	1:07.20	William Wood	1:02.40
800m	Chloe Blattman	2:32.50	William Wood	2:08.80
80m Hurdles	Caitlin Bestley	14.60	N/A	N/A
90m Hurdles	N/A	N/A	Jacob Zahra	15.70
Discus	Alana Jackson	17.31	William Wood	21.85
High Jump	Gabriella Bentham-Mudie & Mikayla Blazek	1.35	Jacob Zahra	1.45
Javelin	Gabriella Bentham-Mudie	19.34	Jacob Zahra	24.38
Long Jump	Gabriella Bentham-Mudie	4.56	Jacob Zahra	5.10
Shot Put	Chloe Blattman	7.93	Jacob Zahra	8.94
Triple Jump	Gabriella Bentham-Mudie	10.47	Jacob Zahra	9.56

All Under 14 competitors

Girls

Abby Hurst	Evie Berriman
Alana Jackson	Gabriella Bentham-Mudie
Annika Johnston-Hall	Liana Pesle
Caitlin Bestley	Lucinda Healy
Chloe Blattman	Mikayla Blazek
Ebony Dunwell	Thea Desailly

Boys

Damien Dedovic	Ryan Clarke
Jacob Zahra	William Wood
Leonardo Bowron	

Under 15

Centre Age Champions

Girls	Boys
Natarshka Edwards	Ben Webber

Dave Apps Achievement Trophy

Girls		Boys	
1st	Alice Bedingfield	1st	Ben Webber
2nd	Isabella O'Connell	2nd	Zachary Dunwell
3rd	Natarshka Edwards	3rd	Harvey Rhodes

Under 15 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Natarshka Edwards	13.80	Ben Webber	12.10
100m Hurdles	N/A	N/A	Nicholas Godwin	16.60
1500m	Alice Bedingfield	7:51.70	Ryan Lane	4:39.60
1500m Walk	Alice Bedingfield	11:42.10	Finn Robertson	10:49.70
200m	Natarshka Edwards	29.00	Ben Webber	26.10
3000m	N/A	N/A	Alexander Mackie	10:59.50
300m Hurdles	Natarshka Edwards	54.70	Zachary Dunwell	53.00
400m	Natarshka Edwards	1:13.20	Ryan Lane	58.90
800m	Natarshka Edwards	3:00.80	Ryan Lane	2:23.40
90m Hurdles	Natarshka Edwards	17.00	N/A	N/A
Discus	Isabella Ferguson	29.67	Nicholas Godwin	31.02
High Jump	Alice Bedingfield & Amelia-Jane Goldsmith	1.35	Ryan Lane	1.60
Javelin	Isabella Ferguson	28.20	Ben Webber	28.56
Long Jump	Natarshka Edwards	4.71	Flynn Engelhard	5.06
Shot Put	Isabella Ferguson	10.76	Ben Webber	9.38
Triple Jump	Alice Bedingfield	9.26	Flynn Engelhard	10.06

All Under 15 competitors

Girls

Alice Bedingfield	Isabella Ferguson
Amelia - Jane Goldsmith	Isabella O'Connell
Cadence Grady	Natarshka Edwards

Boys

Alexander Mackie	Harvey Rhodes
Ben Webber	Nicholas Godwin
Byron Dixon	Rowan Davies
Finn Robertson	Ryan Lane
Flynn Engelhard	Zachary Dunwell
Harry Kitching	

Under 17

Centre Age Champions

Girls	Boys
Elizabeth Godwin	Logan Dickson

Dave Apps Achievement Trophy

Girls		Boys	
1st	Brianna Randall	1st	Max Smith
2nd	Olive Gauci	2nd	Edison Noakes
3rd	Kaaren Healy	3rd	Matthew Bell
		3rd	Michael Gardiner

Under 17 Best Performances

Event	Girls		Boys	
	Name	Result	Name	Result
100m	Elizabeth Godwin	12.70	Finn Conole-Buck	12.00
100m Hurdles	Elizabeth Godwin	15.60	N/A	N/A
110m Hurdles	N/A	N/A	Finn Conole-Buck	18.50
1500m	Lucy Presland	6:28.20	Ethan Mackie	4:28.50
1500m Walk	Olive Gauci	8:51.40	Logan Dixon	9:12.90
200m	Elizabeth Godwin	26.50	Finn Conole-Buck	25.00
3000m	Lucy Presland	14:22.10	Ethan Mackie	11:21.60
300m Hurdles	Elizabeth Godwin	47.78	Logan Dixon	47.30
400m	Ania Bestley	1:10.70	Logan Dixon	58.40
800m	Lucy Presland	2:55.90	Ethan Mackie	2:14.60
Discus	Elizabeth Godwin	19.63	Thomas Daw	39.54
High Jump	Elizabeth Godwin	1.35	Michael Gardiner	1.63
Javelin	Lilly Allport	39.20	Thomas Daw	45.68
Long Jump	Kaaren Healy	4.77	Michael Gardiner	5.52
Shot Put	Elizabeth Godwin	8.03	Thomas Daw	12.89
Triple Jump	Kaaren Healy	10.01	Michael Gardiner	11.95

All Under 17 competitors

Girls

Abbie Olsson	Elizabeth Godwin
Ania Bestley	Kaaren Healy
Brianna Randall	Lucy Presland
Caitlin Murphy	Olive Gauci

Boys

Edison Noakes	Max Smith
Finn Conole-Buck	Michael Gardiner
Lachlan Hay	Oliver Jackson
Logan Dixon	Thomas Daw
Matthew Bell	



See you all next season!