

WEEK C – U12-U17 marshall at 7:45 for 1500m Walk

| AGE GROUP | Field Event 1 | Field Event 2 | Track 1 | Track 2 | Track 3 |
|------------------|--------------------|-----------------|---------|---------|------------|
| Tots | Skills development | Long Jump 4 | 100m | | |
| U6 Girls | Long Jump 4 | Shot Put 1 | 50m | 100m | |
| U6 Boys | Discus 3 | Vortex | 50m | 100m | |
| U7 Girls | Long Jump 6 | Shot put 2 | 50m | 100m | |
| U7 Boys | Shot Put 1 | Long Jump 5 | 50m | 100m | |
| U8 Girls | Long Jump 5 | Discus 3 | 100m | 400m PK | |
| U8 Boys | Vortex | Long Jump 6 | 100m | 400m PK | |
| U9 Girls | Long Jump 2 | Shot Put 3 | 100m | 400m | 700m Walk |
| U9 Boys | Long Jump 1 | Turbo Jav | 100m | 400m | 700m Walk |
| U10 Girls | High Jump (SC) | Discus 1 | 100m | 400m | 1100m Walk |
| U10 Boys | Discus 1 | High Jump (SC) | 100m | 400m | 1100m Walk |
| U11 Girls | Shot Put 4 | Triple Jump 3 | 100m | 800m | 1100m Walk |
| U11 Boys | Long Jump 3 | Discus 2 | 100m | 800m | 1100m Walk |
| U12 Girls & Boys | Shot Put 3 | Long Jump 1 | 100m | 800m | 1500m Walk |
| U13 Girls & Boys | Javelin | Triple Jump 2 | 100m | 800m | 1500m Walk |
| U14 – 17 Girls | Discus 2 | High Jump 1 & 2 | 100m | 800m | 1500m Walk |
| U14 – 17 Boys | High Jump 1 & 2 | Javelin | 100m | 800m | 1500m Walk |