



**Glenbrook Little Athletics Centre
2022/2023 Season**

**The Centre's 47th Presentation, Blaxland High, Coughlin Rd
Sunday 23rd April 2023**

Life Members

Matthew Andrews	Jacki Long
Steve Critchley †	John McKervey
Adrian Cusack	Bob Maxwell
Cathy Cusack	Mitch Perry
Greg Dickson	Russell Peters
Jenny Dickson	Jack Reid †
Leanne Doorey	Karl Rugg
Michael Hurley	Alan Sonter †
Bob Leach †	Michael Sullohern
Michael Lee †	Glen Taylor
Diane Levy	Reg Thompson

Committee Members

President:	John McKervey
Vice President:	Matt Corbett
Secretary:	Claire Webber
Treasurer:	Mark Hurst
Registrar:	Renae Dixon
Equipment Officer:	-
Results & Records:	Bronwyn Jackson
Grounds Officer:	-
Championship Officer:	-
Publicity:	Shannon McKervey
Coaching Coordinator:	Marty Gauci
Uniform Officer:	Ruth Corbett
Canteen Co-ordinator:	Holly Murphy
Competition Manager:	Stephen Gardiner
Child Protection/Grievance Officer:	Karen Ali
Public Officer:	Erica Rawlinson
General Committee:	Rachel Kitching
	Erin Hurst
	Hayden Perry

President Report

What an amazing year we have experienced as a Centre. Our first full season in sometime. We only lost a couple of days to weather and the state of the oval. I appreciate everyone's patience with our one "backwards or opposite" running day, but I hope you like me were just happy to compete. The Centre saw a near record athlete registration and ongoing participation this season. I was incredibly happy to see our returning athletes and families welcome our new athletes and families to the extended #GLACfamily and highlight why our club is so special.

Congratulations to our athletes who competed in the Zone Carnival at Bathurst and the later Region Carnival at Dubbo. I appreciate the time and effort transporting our athletes to events takes. But I know it is worthwhile when I we see the excitement of our athletes as they show off their medals or I was told of their personal bests as I got high fives or fist bumps from "my athletes". I can not describe the joy and pride I felt as I watched our relay teams run and win at the Region carnival for the last time, there may have been some tears. I would like to thank all our parent helpers who assisted throughout the year, particularly at the Carnivals. The Centre always has a significant number of spots to fill, because of our size, but it again made me incredibly happy that we always fill our quota. Also, to the parents who assist every competition day managing age groups, starting, timekeeping, walk judging etc we could not compete without your continued assistance.

I once again thank the hard-working committee, we were lucky to have most positions on the committee filled, allowing the club to function efficiently. A heartfelt thanks to those committee members leaving us this year, Shannon McKERVEY, who has held positions on the committee as secretary and publicity officer over the last nine years and Mark and Erin HURST, who were our combined treasurers, the last couple of years. Your time and efforts for the club and children are very much appreciated by all. Thank you also to those parents who continue with roles on the committee. It is through your service that the centre will continue to grow and remain in stable hands for the future.

This is my final report as President, I thank my family, the beautiful and amazing Shannon and our children and Centre athletes Niamh, Aidan, and Siobhan. The many people who I have worked with over the last eleven years in the various committee positions we have held; you have made it incredibly fun to put in the work to make the Centre what it is for our children.

John McKERVEY - President

In memory of Michael LEE

(08.06.1957 – 21.03.2023)

Michael first came to Glenbrook Little Athletics with his daughter, Jesenia. Michael's generous spirit was identified almost immediately and was asked to assist with the committee for the club. Michael joined the committee in 2004 as our publicity officer, a position he held for three seasons. Michael, then held the position of ranking and recording for a further three years from 2008. In 2011, Michael took up the position of Treasurer with the club, a position he held for three years. Michael, stepped back from holding significant positions on the committee for a few years, but remained on the general committee offering his knowledge and experience to those newer members. The last position Michael held with the committee was that of Public Officer.

For the amazing volunteer work Michael provided the club over the years, he was awarded life membership. To be eligible for this award you must have served on the committee or in positions on behalf of the Centre for a minimum of ten years and provided outstanding service to the Centre. It can not be denied that Michael's service was outstanding.

Even after Jesenia finished with the club, Michael continued serving on the committee and coaching our athletes. It is in coaching our athletes that Michael's true impact should be noted. The number of children that Michael worked with over the years, along with the time, commitment, and effort, all unpaid, is immeasurable. I am sure that all his athletes would agree that he was hard, yet very fair. He took great pride in their achievements, but never sought personal honour for those achievements.

Michael was always easy to see at our competition days and at carnivals with his bright red t-shirt and beaming smile. Michael was always happy; he was cheeky and funny and a good man to be around. I will forever cherish the time and highly inappropriate jokes we shared.

Michael you will be missed by everyone in our #GLACfamily.

Registrar Report

Well, after the past two seasons of pandemic, floods and fires we finally got in a full season of Little Athletics for 2022/23! Yayyyyyy!!!

We had a massive 381 registered athletes this season, which is a record number of registrations in recent club history. This was a substantial increase from our 2021/22 season of 260 athletes which is brilliant to see.

I'm so pleased to inform you all that we welcomed an impressive 176 new families to our great club and had 205 returning members.

We look forward to seeing all athletes and families back next season for another fun filled year of athletics and the all-important socialising with our wonderful GLAC friends.

Renae Dixon (Registrar)

School	Number of Registrations
Preschool / No School	16
Bethany Primary School	11
Blaxland East Public School	22
Blaxland High school	24
Blaxland Public School	6
Blue Mountains Grammar School	2
Caroline Chisholm	1
Cathwest McCarthy	1
Ellison Road Public	26
Emmaus Catholic	1
Emu Heights Public School	4
Emu Plains Public School	13
Glenbrook Public School	41
Glenmore park public school	1
Hazelbrook Public School	2
Henry Fulton	2
Holy Family Primary School	1
Jamison High School	2
Jamsiontown Public	2
Lapstone Public	28
Leonay Public School	2
Mamre Anglican School	5
Mt Riverview Public School	16
Mountains Christian school	1
Nangamay Public School	3
Nepean Christian School	8
Nepean High School	3
Our Lady of Mercy Parramatta	1
Our Lady of the Way, Emu Plains	7

Penola catholic school	1
Penrith Anglican College	20
Penrith Christian School	4
Penrith High School	1
Regentville public school	8
Rooty Hill Public School	1
Sherwood Ridge Public	2
Springwood Public School	7
St Columbas High school	9
St Dominics College	2
St Finbars Primary	15
St Pauls Grammar	12
St Thomas Aquines	12
Warragamba	1
Warrimoo Public School	10
Wentworth Falls Public School	1
Winmalee High School	4
Winmalee Public School	3
Wycliffe Christian School	13
Xavier College	1
York Public	2
	381

Championship Report

Congratulations to all Glenbrook athletes who competed in the Championship events though the 2022-2023 season.

We are pleased that the zone and region qualifying format is back following three years of fire, flood, and covid that impacted our previous 3 years of Championships. With those qualifying going on to have a successful State Championship at the Sydney Olympic Athletic Centre.

A huge thanks goes to Shannon MCKERVEY for taking on the responsibility of Team Manager & organising the parent helpers lists – which is no easy task! Thanks also to the LANSW officials who are instrumental in running Championship events, and our appreciation goes to our dedicated coaches, Hayden, Marty, Michael, and Stuart, who committed their time and expertise to give guidance and support to athletes; and the many families who encouraged their athletes and supported the club and LANSW by assisting in parent helper roles.

The GLAC Committee extends its thanks to all the families that contributed to making the Championship events at Zone and Region a success. With a particular call out to Renae Dixon for organizing the parent helper allocations. We really appreciate everyone's contribution. We would love to fill the Championship Officer committee role as we enter the 2023/2024 season and encourage anyone who would like to take the role to come forward.

We are so proud of all our athletes, demonstrating great sportsmanship and they continue to do a great job representing our Club at LANSW Championship events. Thanks again for a great season.

GLAC Committee

Western Ranges Zone Championship

10-11th December 2022 @ Morse Park, Bathurst

Thanks to all the athletes and families that attending the Zone championship, the qualifying event for the Region 3 Championship. We had 114 athletes entered into the Championship from U7 to U17 age groups. U7 athletes do not progress past the Zone Championships. Thanks to all those parent helpers that helped make the weekend a success.

Region 3 Championship

4-5th February 2023, Barden Park Dubbo

Thanks to the families who supported their children in getting to Dubbo. We appreciate with over four hours driving each way, and the cost of accommodation, this is a huge effort for our families. As usual our parents went above and beyond with parent helper duties. Congratulations to all athletes who competed in Dubbo, especially to the following athletes who achieved **top three** results at the Region 3 Championship:

<u>Athlete Name</u>	<u>Age</u>	<u>Event</u>	<u>Place</u>
Heath Peck	8B	60m H	2
Heath Peck	8B	400m Pack Start	3
Heath Peck	8B	Discus	3
Jack Seymour	8B	400m Pack Start	2
Jack Seymour	8B	Shot Put	3
Jack Seymour	8B	700m Pack Start	1
James Ranse	8B	60m H	1
James Ranse	8B	Long Jump	1
Lucinda O'Connell	8G	400m Pack Start	2
Lyla Titcume	8G	60m H	1
Lyla Titcume	8G	Long Jump	3
Lyla Titcume	8G	700m Pack Start	1
Lyla Titcume	8G	200m	1
Lucas Okulicz	9B	Shot Put	3
Zac Watson	9B	100m	1
Zac Watson	9B	200m	1
Zac Watson	9B	High Jump	1
Alexa Lancaster	9G	60m H	1
Alexa Lancaster	9G	400m	1
Alexa Lancaster	9G	200m	1
Audrey Morris	9G	700m W	1
Audrey Morris	9G	800m	3
Juliette Lynch	9G	60m H	3
Juliette Lynch	9G	800m	2
Shayla Bell	9G	700m W	2
Sierra Lang	9G	High Jump	1
Sierra Lang	9G	Discus	3
Cooper Daniel	10B	800m	3
Jordan Butler	10B	70m	3
Theo Kelshaw	10B	1100m W	1
William Paterson	10B	60m H	2

William Paterson	10B	100m	2
William Paterson	10B	High Jump	2
Ava Noakes	10G	400m	2
Cassia Martin	10G	800m	2
Sophia Lynch	10G	60m H	3
Sophia Lynch	10G	400m	3
Zoe Zahra	10G	Discus	1
Zoe Zahra	10G	Shot Put	1
Alexander Godwin	11B	Javelin	2
Conor Clune	11B	High Jump	1
Finlay O Connell	11B	1500m	3
Finlay O Connell	11B	Long Jump	2
Finlay O Connell	11B	800m	3
Owen Morris	11B	100m	3
Owen Morris	11B	200m	2
Chloe Gardiner	11G	Javelin	2
Harper Rawlinson	11G	80m H	2
Jasmin Dedovic	11G	100m	2
Jasmin Dedovic	11G	200m	2
Jenna Rhodes	11G	Triple Jump	1
Jenna Rhodes	11G	High Jump	3
Olivia-Anne Field	11G	1100m W	2
Adalie Martin	12B	800m	1
Caleb Ritchie	12B	Discus	3
Caleb Ritchie	12B	Shot Put	3
Daniel Uthmeyer	12B	Javelin	1
Daniel Uthmeyer	12B	Shot Put	2
Lucas Paton	12B	400m	2
Lucas Paton	12B	Long Jump	2
Patrick Bell	12B	80m H	1
Samuel Lasky	12B	1500m	3
Adalie Martin	12G	1500m	1
Adalie Martin	12G	Javelin	2
Charli Butler	12G	80m H	3
Charli Butler	12G	Long Jump	3
Piper Kelshaw	12G	1500m W	1
Jacob Zahra	13B	100m	3
Jacob Zahra	13B	Triple Jump	3
Jacob Zahra	13B	200m	3
Will Wood	13B	400m	2
Will Wood	13B	800m	1
Chloe Blattman	13G	400m	2
Chloe Blattman	13G	800m	2
Gabriella Bentham-Mudie	13G	100m	2
Gabriella Bentham-Mudie	13G	High Jump	2
Gabriella Bentham-Mudie	13G	80m H	2
Gabriella Bentham-Mudie	13G	Triple Jump	1
Lucinda Healy	13G	200M H	2
Byron Dixon	14B	Shot Put	2
Nicholas Godwin	14B	200M H	2
Nicholas Godwin	14B	Discus	1
Zachary Dunwell	14B	800m	1

Gabriella Bentham-Mudie	14G	Long Jump	1
Isabella Ferguson	14G	Javelin	1
Isabella Ferguson	14G	Long Jump	3
Isabella Ferguson	14G	Shot Put	1
Isabella Ferguson	14G	Discus	3
Logan Ogilvie	14G	Triple Jump	1
Logan Ogilvie	14G	High Jump	2
Violet Langley	14G	200M H	1
Violet Langley	14G	100m	1
Violet Langley	14G	Long Jump	2
Violet Langley	14G	80m H	1
Logan Dixon	15B	400m	3
Logan Dixon	15B	3000m	2
Logan Dixon	15B	800m	2
Michael Gardiner	15B	Shot Put	2
Michael Gardiner	15B	Javelin	1
Michael Gardiner	15B	Long Jump	2
Michael Gardiner	15B	Discus	2
Michael Gardiner	15B	Triple Jump	3
William Morris	15B	800m	1
Annalise Blattman	15G	400m	1
Annalise Blattman	15G	800m	1
Charisse Bell	15G	1500m W	2
Charlotte Liggins	15G	1500m	2
Kaaren Healy	15G	300M H	1
Olive Gauci	15G	1500m	3
Olive Gauci	15G	3000m	1
Olive Gauci	15G	1500m W	1
Ethan Cook	17B	Shot Put	3
Ethan Cook	17B	Discus	3
Liam Murphy	17B	1500m W	2
Liam Murphy	17B	High Jump	2
Thomas Daw	17B	Javelin	3
Thomas Daw	17B	Shot Put	2
Thomas Daw	17B	Discus	2
Elizabeth Godwin	17G	300M H	1
Elizabeth Godwin	17G	100m	3
Elizabeth Godwin	17G	100m H	1
Elizabeth Godwin	17G	200m	2
Jessica Berechree	17G	1500m	3
Jessica Berechree	17G	3000m	3
Jessica Berechree	17G	1500m W	1
Lauren Adams	17G	1500m	1
Lauren Adams	17G	3000m	1
Lauren Adams	17G	800m	3
Lilly Allport	17G	Javelin	1
Lilly Allport	17G	Shot Put	2

I'd also like to make a special note of Annalise Blattman U15G 400m who broke the Regional Record with a run of 1:00:48. Congratulations Annalise!

Relays

Glenbrook put forward four Relay teams for Region at Dubbo. With every team achieving 1st position and qualification through to State. What an amazing achievement for our athletes and their coaches.

Junior Girls 1st – Juliette Lynch, Charli Butler, Isabella Dewhurst, Jasmin Dedovic

Senior Girls 1st – Gabriella Bentham-Mudie, Kaaren Healy, Violet Langley, Elizabeth Godwin

Junior Boys 1st – William Paterson, Owen Morris, Patrick Bell, Zac Watson

Senior Boys 1st – Jacob Zahra, Ethan Cook, Logan Dixon, Zachary Dunwell

State Championships

18th & 19th March 2023, Sydney Olympic Park, Homebush

U9 through to U17 progress through to this event after qualifying from their Zone and Region Championships. Wonderful to get a full weekend of athletics with minimum disruption. Thanks to the families who supported their children in getting to SOPAC, and helped with events as requested, and thanks to Renae Dixon who was our Team Manager for the weekend.

The following athletes achieved a top 3 result at State.

Gabriella Bentham-Mudie U13G	2 nd Triple Jump
Daniel Uthmeyer U12B	2 nd Javelin
Conor Clune U11B	2 nd High Jump
Zac Watson U9B	2 nd High Jump

We would also like to congratulate all four relay teams for qualifying for State with some amazing results!

5th place: Girls U 12-17 4x100 Metre Relay (Snr) (49.67s)

1) Gabriella Bentham-Mudie 13 2) Kaaren Healy 15
3) Violet Langley 14 4) Elizabeth Godwin 17

4th place: Boys U 12-17 4x100 Metre Relay (Snr) (47.77s)

1) Jacob Zarah 13 2) Luke Harris 17
3) Logan Dixon 15 4) Zachary Dunwell 14

7th place: Girls U 9-12 4x100 Metre Relay (Jnr) (1m:00.64s)

1) Isabella Dewhurst 10 2) Charli Butler 12
3) Juliette Lynch 9 4) Jasmin Dedovic 11

7th place: Boys U 9-12 4x100 Metre Relay (Jnr) (59.58s)

1) William Paterson 10 2) Owen Morris 11
3) Patrick Bell 12 4) Zac Watson 9

We are extremely proud of our 2022/23 State Team, an impressive 50 athletes competing in 98 events.

U9s: Zac Watson, Shayla Bell, Alexa Lancaster, Sierra Lang, Juliette Lynch, Audrey Morris

U10s: Theo Kelshaw, William Paterson, Cassia Martin, Ava Noakes, Zoe Zahra

U11s: Conor Clune, Alexander Godwin, Owen Morris, Finlay O'Connell, Jasmin Dedovic, Olivia-Anne Field, Chloe Gardiner, Harper Rawlinson, Jenna Rhodes

U12s: Patrick Bell, Lucas Paton, Caleb Ritchie, Daniel Uthmeyer, Piper Kelshaw, Adalie Martin

U13s: Will Wood, Lucinda Healy, Gabriella Bentham-Mudie, Chloe Blattman

U14s: Byron Dixon, Zachary Dunwell, Nicholas Godwin, Isabella Ferguson, Violet Langley, Logan Ogilvie

U15s: Logan Dixon, Michael Gardiner, William Morris, Olive Gauci, Kaaren Healy, Charisse Bell, Charlotte Liggins, Annalise Blattman

U17s: Thomas Daw, Liam Murphy, Lilly Allport, Elizabeth Godwin, Jessica Berechree, Lauren Adams

Kumon State Combined Carnival 2022/23

Saturday, 4 & Sunday, 5 March 2023 @ Barden Park, Dubbo

Well done to the 5 athletes that participated:

U7B Dominic Magagna, 12th Place, 3,436 pts

U8G Emilia Field, 17th Place, 3,103 pts

U9B Thomas Field 12th Place 2,992 pts

U9B Orlando Magagna, 17th Place 2,652 pts

U15B Michael Gardiner, 9th Place 4,057 pts

State Cross Country & Road Walk Championship

31st July 2022, Sydney International Regatta Centre

Congratulations to our 5 athletes that participated in the Road Walk and Cross Country championships that took place at the end of the 2021/2022 season.

U10B Jarvis Gauci

U11B Samuel Lasky

U14G Olive Gauci

U15G Jess Berechree

U17G Lauren Adams

State Relay Championship

12th Nov – 13th Nov 2022, Sydney Olympic Park, Homebush

Congratulations to our U11 girls & U12 boys teams that participated at the State Relay championships. As the name suggests the Championships are comprised entirely of relay events. The State Relays are held in November each year. Juniors (U8 to U11), compete on the Saturday and Seniors (U12 to U17) compete on the Sunday.

Boys U12 17th Place 4x100m relay 58.93s

Girls U11 12th Place 4x100m relay 1:01.89s

GLAC Perpetual Trophies

Bob Leach Trophy Club Person Of The Year

This award is presented to someone who has assisted the club, beyond the norm, and have put in the extra effort, as nominated by a member of the club, and voted on by the committee.

AWARDED TO: Joseph Kitching & Liam Murphy

Joel Milburn Trophy

This trophy is awarded to the Junior athlete (U6-U10) who has shown dedication by regular attendance and competition and missed out on a Top 3 trophy.

AWARDED TO: Arlo O'Connell

June Calkin Trophy

This trophy is awarded to the Senior athlete (U11-U17) who has shown dedication by regular attendance and competition and missed out on a Top 3 trophy.

AWARDED TO: Grace Bedingfield

Greg Dickson Trophy

This trophy is awarded to the athlete in the U9-U17 age groups, who has qualified to represent the Centre at the LANSW State Championships and who achieves the highest level of performance across all their events.

AWARDED TO: Zac Watson

Sullohern Cross Country Trophy

This award is presented to the best performance from a club performance in the State Cross country championships.

AWARDED TO: Lauren Adams

Karl Rugg State Roadwalks Trophy

This is awarded to the athlete with the best performance at the previous season's State Roadwalk Championships.

AWARDED TO: Jessica Berechree

Reg Thompson Trophy

This is awarded to the athlete in the U6-U12 group who achieves the most Dave Apps points in the season.

AWARDED TO: Dylan Peck

Russell Peters Trophy

This is awarded to the athlete in the U13-U17 group who achieves the most Dave Apps points in the season.

AWARDED TO: Oliver Jackson

Ranking and Recording

The Ranking & Recording Officer each week inputs all results into our Centre Results System which generates all our points and provide results that can be viewed and printed by families at home. This season was the return to regular competition post two interrupted seasons, COVID19 restrictions last year and the fires the year before. We were fortunate to have an almost perfect season of 18 days, we only lost 1 day to wet weather. The following athletes competed on all 18 occasions and were awarded 100% attendance.

Jackson Noakes U7
Arlo O'Connell U8
Ella Wallington U9
Ava Noakes U10
Grace Bedingfield U11
Oliver Jackson U15

Lyla Titcume U8
Evie Wallington U9
Shayla Bell U9
Bryn O'Connell U10
Alexander Godwin U11

New Records for Season 2022/2023

Girls

U/8	Vortex	Lyla Titcume	19.44m
U/8	400m	Lyla Titcume	1:21.80min
U/12	800m	Adalie Martin	2:34.00min
U/13	100m	Gabriella Bentham-Mudie	13.30sec
U/13	Triple Jump	Gabriella Bentham-Mudie	10.85m
U/14	Javelin	Isabella Ferguson	32.92m
U/14	Shot Put	Isabella Ferguson	11.29m
U/17	Javelin	Lilly Allport	36.34m
U/17	100m	Elizabeth Godwin	12.60sec
U/17	100mH	Elizabeth Godwin	16.10sec
U/17	300mH	Elizabeth Godwin	47.80sec
U/17	400m	Elizabeth Godwin	1:03.70min

BOYS

U/6	Shot Put	Lucas Lancaster	6.02m
U/6	Vortex	Bentley McGuire	16.67m
U/9	60mH	Zac Watson	10.00sec
U/11	800m	Finlay O'Connell	2:29.40min
U/12	Shot Put	Daniel Uthmeyer	11.59m
U/13	800m	William Wood	2:17.90min
U/15	1500m	Ethan Mackie	4:35.90min
U/17	Long Jump	Luke Harris	6.40m
U/17	Discus	Thomas Daw	39.57m

Glenbrook LAC 100 Club

A perpetual tally of Saturday Competition days attended by an athlete. These athletes are the Top 100 since Season 2003/04:

Kaylah	Lamb	191	Claire	Nicholls	127
Maeve	Goehner	184	Lucy	Webber	126
Liam	Murphy	184	Zara	Ebeling	125
Cleo	Price	183	Cooper	Jeal	125
Marlies	Hopman	181	Harry	Wrightson	125
Tijmen	Hopman	176	Samuel	Wheeler	123
Mitchell	Andrews	172	Jessica	Berechree	122
Zac	Andrews	172	Isaac	Ebeling	122
Mitchell	Drew-Rugg	163	Saskia	Hopman	122
Amity	Buss	162	Benjamin	Jagger	122
Tanissa	Ali	158	Matthew	Bell	121
Zara	Ali	158	Reilly	Leyland	120
Heidi	Wood	158	Rachel	Addy	119
Lachlan	Nicholls	157	Hannah	Beeby	119
Lachlan	Strahan	157	Ethan	Cook	117
Kaitlin	Bell	156	William	Wood	117
Charlotte	Husarek	156	Alice	Bedingfield	116
Benjamin	Maxwell	155	Finn	Conole-Buck	116
Mae	Price	155	Lilly	Allport	115
Jake	Andrews	153	Chloe	Kremenovic	115
Jasmine	Dighton	151	Logan	Dixon	114
Savannah	Buss	149	Carly	Hanko	114
Hayden	Perry	148	Alysia	Hughes	114
Siobhan	McKervey	147	Ryley	Hughes	114
Alexander	Xuereb	145	Tamara	Kremenovic	114
Caitlin	Murphy	143	Tom	Allport	113
Jason	Dighton	142	Logan	Ogilvie	113
Lauren	Perry	142	Jade	Dighton	112
Ben	Webber	142	Lily	Rooney	111
Lauren	Addy	137	Elizabeth	Godwin	110
Jezabel	Mills	137	Nicholas	Godwin	110
Patrick	Dickson	136	Dakota	Smith	110
Kyra	Barrett	135	Jessica	Maxwell	108
Jesenia	Bodey Lee	135	Georgie	Zahra	107
Jessica	Harris	134	Jemma-Lee	Dighton	106
Lauren	Doorey	133	Dylan	Forster	106
Olivia	Harris	133	Courtney	Cook	105
Oliver	Hinchliffe	132	Brandon	Puri	105
Leah	Blinkhorn	131	Jonathon	Turner	105
Danyon	Dowton	131	Tom	Wrightson	105
Harry	Kitching	131	Olivia	Greenaway	104
Joseph	Kitching	130	Nicholas	Hanko	104
Kaitlin	Leyland	130	Emily	Milne	104
Harrison	Strahan	130		Webb-	
Stephen	Burns	129	Marissa	Johnson	103
William	Morris	129	Byron	Dixon	102
Carly	Parkes	129	Eloise	Lorking	102
Spencer	Hinchliffe	128	Grace	Bedingfield	101
Aidan	McKervey	128	Charli	Butler	101
Tristan	Scott	128	Nila	Ali	100
Gabriella	Bentham-Mudie	127			

Tiny Tots

Boys

Archie Holmes
Brody Sturt
Cruz Fidow
Elijah Rider
Flynn Wearn
Harry Kacir

Jacob Oleary
James Williams
Jarvi Perkins
Kai Norman
Liam Bennett
Luke Gardiner

Ned Hobbs
Oliver Dempsey
Rhys Selway
Spencer Cabban
Theodore Walker

Girls

Adeline Jackson
Alexa Willis
Felicity Magagna

Lucy Sands
Mary Flynn
Ruby Bowron

Thea Paterson
Willow Fullam

Under 6

Boys

Arthur Vincent	Hugh Newton	Lucas Relf
Benson Biddle	Hunter De Bono	Patrick Alexander
Bentley Brown	James Cavanagh	Ryder Letters
Bentley McGuire	James Westgarth	Tommy Williams
Daniel Gabriel	James Davidson	William Soane
Finn Wallace	Logan Arneill	William Harwood
Hendrix Nicholls	Lucas Lancaster	Zach Scarborough
Hendrix Arama	Lucas Taylor	

Girls

Aleah Keill	Josephine Rapp
Esther Howe	Matilda Mayes
Evelyn Thomas	Scarlett Jeffriess
Evie Rhodes	Sophie Wilson
Isabelle Pattinson	Summer Wilson

Centre Age Champion

Boys

Lucas Lancaster

Girls

Aleah Keill

Dave Apps Achievement Trophy

Boys

1 st	Lucas Lancaster
2 nd	Bentley McGuire
2 nd	Hendrix Arama

Girls

1 st	Matilda Mayes
2 nd	Isabelle Pattinson
3 rd	Summer Wilson

Under 6 Best Performances

Boys				Girls			
Lucas	Lancaster	100m	20.60	Aleah	Keill	100m	23.90
Lucas	Lancaster	200m	44.50	Matilda	Mayes	200m	52.80
Hendrix	Arama	50m	9.60	Aleah	Keill	50m	11.40
Lucas	Lancaster	70m	14.70	Aleah	Keill	70m	16.40
William	Soane	Discus	10.27	Esther	Howe	Discus	5.18
Lucas	Lancaster	Long Jump	2.68	Evie	Rhodes	Long Jump	1.77
Lucas	Lancaster	Pack Start	1:13.50	Matilda	Mayes	Pack Start	1:26.50
Lucas	Lancaster	Shot Put	6.02	Aleah	Keill	Shot Put	3.00
Bentley	McGuire	Vortex	16.67	Esther	Howe	Vortex	6.63

Under 7

Boys

Arthur Hooton	Hamza Mohamed	Luca Ayo
Byron Daniel	Harry Goulden	Lucas Patrick
Caleb Reid-Murdoch	Hugh Murphy	Oliver Paterson
Callum Penrose	Hugh Blair	Orin Turner
Charles Flynn	Isaac Rider	Perrin Knight
Daniel Stein	Jackson Noakes	Reid Scott
Dominic Magagna	James Payne	Sebastian Dwyer
Dylan Currey	Kaizen Perkins	Thomas Jayakody
Ethan Bowron	Leo Hobbs	Tovi Nissen
Geoffrey Horikx	Leonardo Di Benedetto	William Clews

Girls

Bobbie Franco	Maya Blinkhorn	Scarlett Hayton-Boyd
Chanel Hollins	Paige Scarborough	Sophia Willis
Chloe Fysh	Pipa Hooton	
Evie Sutcliffe	Piper Killen	
Lily Zvirbulis	Rori Martis	

Centre Age Champion

Boys

Reid Scott

Girls

Chloe Fysh

Dave Apps Achievement Trophy

Boys

1 st	Oliver Paterson
2 nd	Lucas Patrick
3 rd	Jackson Noakes

Girls

1 st	Sophia Willis
2 nd	Paige Scarborough
2 nd	Piper Killen

Under 7 Best Performances

Boys				Girls			
Reid	Scott	100m	17.40	Chloe	Fysh	100m	18.80
Reid	Scott	200m	38.60	Sophia	Willis	200m	43.50
Jackson	Noakes	50m	8.90	Chloe	Fysh	50m	9.30
Reid	Scott	70m	12.60	Chloe	Fysh	70m	13.90
Reid	Scott	Discus	13.09	Maya	Blinkhorn	Discus	11.03
Jackson	Noakes	Long Jump	2.97	Chloe	Fysh	Long Jump	2.83
Reid	Scott	Pack Start	1:49.00	Sophia	Willis	Pack Start	2:01.70
Jackson	Noakes	Shot Put	6.10	Maya	Blinkhorn	Shot Put	4.15
				Maya	Blinkhorn	Vortex	12.08

Under 8

Boys

Alex Letters	Hugh Paton	Malachi Sands
Byron Forbes	Hunter Fraser	Malachi Howe
Chase Hine	Jack Seymour	Oliver Brown
Emmett Biddle	James Ranse	Quinn Peake
Flynn Webb	Joel Smith	Tyler Sullivan
Heath Peck	Leon Arama	Zac Rawlinson

Girls

Alyra Nicholls	Emilia Field	Lyla Titcume
Alyssa Hollis	Emma Thomas	Matilda Graham
Arlo O'Connell	Emma McElroy	Milly Sturt
Bonnie Patterson	Evaloni Fekitoa	Molly Stratford
Charlotte Pattinson	Georgia Debrincat	Phoenix Piggott
Delilah Lee	Halle Scott	Scarlett Dewhurst
Elena Cavanagh	Indie Corbett	Zali Taylor
Ellie Mayes	Lucinda O'Connell	

Centre Age Champion

Boys

Jack Seymour

Girls

Lyla Titcume

Dave Apps Achievement Trophy

Boys

1st Zac Rawlinson
2nd Heath Peck
2nd Jack Seymour

Girls

1st Halle Scott
2nd Matilda Graham
2nd Emilia Field

Under 8 Best Performances

Boys				Girls			
James Ranse	100m	16.00		Lyla Titcume	100m	17.40	
Heath Peck	200m	35.80		Lyla Titcume	200m	37.30	
Heath Peck	400m	1:22.20		Lyla Titcume	400m	1:21.80	
Jack Seymour	60m H	12.70		Lyla Titcume	60m H	12.30	
James Ranse	70m	11.90		Lyla Titcume	70m	12.20	
Jack Seymour	Discus	15.31		Lyla Titcume	Discus	11.41	
James Ranse	Long Jump	3.39		Lyla Titcume	Long Jump	3.34	
Jack Seymour	Pack Start	2:43.00		Lyla Titcume	Pack Start	2:37.20	
Jack Seymour	Shot Put	6.11		Charlotte Pattinson	Shot Put	4.55	
Jack Seymour	Vortex	22.54		Lyla Titcume	Vortex	19.44	

Under 9

Boys

Aiden Bernhart	Lockie Flynn	Orlando Magagna
Edward Morris	Lucas Okulicz	Thomas Field
Ethan Thompson	Lucas Houbem	William Thomas
Finlay Reid-Murdoch	Mason Norman	Zac Watson
Hamish Creagh	Michael Payne	Ziggy Prasad
Isaac Scott	Oliver Wilson	
Levi Fullam	Oren Lohan	

Girls

Alexa Lancaster	Grace Blair	Sierra Lang
Audrey Morris	Holly Dixon	Sofina Dedovic
Charlotte Nicholls	Juliette Lynch	Sophia De Bono
Ella Wallington	Michaela Paterson	Stella Robinson
Evie Wallington	Shayla Bell	Taylor Pachinger

Centre Age Champion

Boys

Zac Watson

Girls

Juliette Lynch

Dave Apps Achievement Trophy

Boys

1 st	Orlando Magagna
2 nd	Mason Norman
2 nd	Thomas Field

Girls

1 st	Sofina Dedovic
2 nd	Shayla Bell
3 rd	Sierra Lang

Under 9 Best Performances

Boys

Zac Watson	100m	15.00
Zac Watson	200m	32.50
Zac Watson	400m	1:18.10
Zac Watson	60m H	10.00
Zac Watson	700m W	4:43.20
Zac Watson	70m	10.90
Zac Watson	800m	2:48.40
Edward Morris	Discus	19.28
Zac Watson	High Jump	1.20
Zac Watson	Long Jump	3.72
Zac Watson	Shot Put	6.13
Zac Watson	Turbo Jav	15.45

Girls

Alexa Lancaster	100m	16.90
Alexa Lancaster	200m	36.40
Juliette Lynch	400m	1:22.40
Alexa Lancaster	60m H	11.90
Audrey Morris	700m W	4:52.00
Alexa Lancaster	70m	11.80
Alexa Lancaster	800m	2:59.80
Sierra Lang	Discus	12.04
Sierra Lang	High Jump	1.05
Sierra Lang	Long Jump	3.38
Sierra Lang	Shot Put	4.42
Sierra Lang	Turbo Jav	9.44

Under 10

Boys

Arian Read
Billy Summers
Bryn O'Connell
Charlie Jancso
Cooper Daniel
Cormac Cabban
Dylan Thompson
Emery Bernhart
Hamilton Kinneally

Hudson Fysh
Jerome Walker
Jordan Butler
Koen Bayada
Lennix McSpadden
Lewis Berriman
Lucas Hollins
Luke Peck
Oliver Knedl

Oliver Zvirbulis
Patrick Stein
Sebastian
Stoermer
Theo Kelshaw
Thomas Engelhard
William Paterson

Girls

Addison Scott
Alysha Castle
Ana-Sofia Scanlon
Ava Noakes
Cassia Martin
Charlotte Okulicz

Ellie McElroy
Isabella Dewhurst
Kaiya Forbes
Kiah Peake
Maddison Killen
Nikita Ager

Poppy Wallace
Rosa Webb
Scarlett Sturt
Sophia Lynch
Ziva Titcume
Zoe Zahra

Centre Age Champion

Boys

William Paterson

Girls

Cassia Martin

Dave Apps Achievement Trophy

Boys

1st William Paterson
2nd Hamilton Kinneally
2nd Bryn O'Connell

Girls

1st Addison Scott
2nd Ana-Sofia Scanlon
3rd Ava Noakes

Under 10 Best Performances

Boys				Girls			
William Paterson	100m	15.50		Ava Noakes	100m	15.80	
Bryn O'Connell	1100m W	7:13.30		Charlotte Okulicz	1100m W	7:44.00	
William Paterson	200m	32.50		Addison Scott	200m	34.90	
William Paterson	400m	1:14.50		Ava Noakes	400m	1:19.00	
William Paterson	60m H	11.90		Charlotte Okulicz	60m H	12.30	
William Paterson	70m	10.70		Cassia Martin	70m	11.30	
William Paterson	800m	2:51.80		Cassia Martin	800m	2:56.50	
Hamilton Kinneally	Discus	19.82		Zoe Zahra	Discus	17.11	
Oliver Knedl	High Jump	1.10		Rosa Webb	High Jump	1.03	
William Paterson	Long Jump	3.90		Charlotte Okulicz	Long Jump	3.45	
William Paterson	Shot Put	6.26		Zoe Zahra	Shot Put	7.08	
Cooper Daniel	Turbo Jav	15.01		Zoe Zahra	Turbo Jav	13.70	

Under 11

Boys

Alastair Johnson
Alexander Godwin
Coen Houben
Conor Clune
Curtis Smith
Darcy Bernuetz
Ezekiel Sands
Finlay O'Connell

Henry Hurst
Jack Blattman
Jarvis Gauci
John Pesle
Kai Justic
Lewis Ryan
Lincoln Stratford
Lincoln Moore

Louis Debrincat
Lucas Robinson
Oliver Paraiso
Owen Morris
Raphael Nobis
Theodore Rapp

Girls

Ashleigh Adams
Chloe Gardiner
Ellyse Bayada
Grace Bedingfield
Harper Rawlinson
Ivy Bowron
Jasmin Dedovic

Jasmine Hollis
Jenna Rhodes
Khadiga Mohamed
Krystal-Lee Dell
Nila Ali
Olivia-Anne Field
Poppy Jenkins

Sofia Cavanagh
Sofia Hollins
Sophia Sant
Summer Williams
Vada Prasad
Zara Corbett

Centre Age Champion

Boys

Finlay O'Connell

Girls

Jasmin Dedovic

Dave Apps Achievement Trophy

Boys

1st Finlay O'Connell
2nd Jarvis Gauci
3rd John Pesle

Girls

1st Jenna Rhodes
1st Jasmin Dedovic
3rd Jasmine Hollis

Under 11 Best Performances

Boys

Owen Morris	100m	14.40
Lincoln Moore	1100m W	6:49.60
Finlay O'Connell	1500m	5:15.00
Finlay O'Connell	200m	32.20
Jarvis Gauci	400m	1:11.30
Finlay O'Connell	800m	2:29.40
Jarvis Gauci	80m H	15.50
Alexander Godwin	Discus	22.96
Conor Clune	High Jump	1.44
Alexander Godwin	Javelin	20.66
Finlay O'Connell	Long Jump	3.78
Alexander Godwin	Shot Put	7.78
Finlay O'Connell	Triple Jump	8.19

Girls

Jasmin Dedovic	100m	14.80
Jasmin Dedovic	1100m W	7:44.70
Sofia Hollins	1500m	6:26.40
Jasmin Dedovic	200m	32.40
Jasmin Dedovic	400m	1:19.90
Jasmin Dedovic	800m	3:06.20
Jasmin Dedovic	80m H	15.90
Jenna Rhodes	Discus	15.95
Jenna Rhodes	High Jump	1.19
Jasmin Dedovic	Javelin	13.25
Jenna Rhodes	Long Jump	4.00
Jenna Rhodes	Shot Put	6.28
Jenna Rhodes	Triple Jump	8.19

Under 12

Boys

Aidan Ager
Caleb Ritchie
Callum MacDonald
Cullen Summers
Daniel Uthmeyer
Dexter Pachinger
Dylan Peck
Harrison Brown

Jackson Paraiso
Jasper Carstens
Jasper Engelhard
Kade Wallington
Liam Smith
Lincoln Flynn
Lucas Paton
Luke Gabriel

Oliver Mackie
Patrick Bell
Quentin Lynch
Samuel Lasky
William Harris
Yuri Jee

Girls

Abigail Bagge
Adalie Martin
Charli Butler

Isabella Scanlon
Lilly De Bono
Matea Bruce

Mia Scott
Piper Kelshaw
Vivienne Cooke

Centre Age Champion

Boys

Lucas Paton

Girls

Charli Butler

Dave Apps Achievement Trophy

Boys

1st Dylan Peck
2nd Kade Wallington
3rd Quentin Lynch

Girls

1st Adalie Martin
2nd Isabella Scanlon
3rd Mia Scott

Under 12 Best Performances

Boys				Girls			
Patrick Bell	100m	14.40		Charli Butler	100m	15.00	
Samuel Lasky	1500m	5:32.30		Adalie Martin	1500m	5:36.00	
Jasper Carstens	1500m W	11:32.10		Adalie Martin	1500m W	10:09.80	
Lucas Paton	200m	31.20		Charli Butler	200m	33.00	
Kade Wallington	400m	1:12.80		Adalie Martin	400m	1:12.00	
Samuel Lasky	800m	2:40.00		Adalie Martin	800m	2:34.00	
Lucas Paton	80m H	16.00		Charli Butler	80m H	16.30	
Daniel Uthmeyer	Discus	31.97		Matea Bruce	Discus	17.10	
Jasper Engelhard	High Jump	1.36		Charli Butler	High Jump	1.15	
Daniel Uthmeyer	Javelin	26.55		Adalie Martin	Javelin	19.72	
Caleb Ritchie	Long Jump	4.31		Charli Butler	Long Jump	4.04	
Daniel Uthmeyer	Shot Put	11.59		Charli Butler	Shot Put	6.37	
Caleb Ritchie	Triple Jump	8.80		Charli Butler	Triple Jump	7.14	

Under 13

Boys

Aarav Jolly
Bronson Stokes
Cohen Mancer

Damien Dedovic
Henry Rapp
Jacob Zahra

Leonardo Bowron
Ryan Clarke
William Wood

Girls

Abby Hurst
Alana Jackson
Alina Ascencio
Caitlin Bestley
Chloe Blattman
Ebony Dunwell

Emily Dowling
Gabriella Bentham-
Mudie
Lilly-Anna
Fernandez
Lucinda Healy

Mikayla Blazek
Olivia Warren
Phoebe Warren

Centre Age Champion

Boys
Jacob Zahra

Girls
Chloe Blattman

Dave Apps Achievement Trophy

Boys
1st Damien Dedovic
2nd Jacob Zahra
2nd Leonardo Bowron
2nd William Wood

Girls
1st Lucinda Healy
2nd Alana Jackson
3rd Abby Hurst

Under 13 Best Performances

		Boys	
Damien	Dedovic	100m	13.50
William	Wood	1500m	5:25.30
Leonardo	Bowron	1500m Walk	10:54.10
Jacob	Zahra	200m	29.10
Jacob	Zahra	200m H	32.40
William	Wood	400m	1:03.60
William	Wood	800m	2:17.90
Jacob	Zahra	80m H	15.30
Jacob	Zahra	Discus	22.69
Ryan	Clarke	High Jump	1.30
Jacob	Zahra	Javelin	20.72
Jacob	Zahra	Long Jump	4.85
Jacob	Zahra	Shot Put	8.16
Jacob	Zahra	Triple Jump	10.24

		Girls	
Gabriella	Bentham-Mudie	100m	13.30
Chloe	Blattman	1500m	5:36.80
Chloe	Blattman	1500m W	11:56.80
Gabriella	Bentham-Mudie	200m	29.60
Gabriella	Bentham-Mudie	200m H	33.40
Ebony	Dunwell	3000m	14:11.60
Chloe	Blattman	400m	1:08.10
Chloe	Blattman	800m	2:38.90
Gabriella	Bentham-Mudie	80m H	14.50
Chloe	Blattman	Discus	17.42
Gabriella	Bentham-Mudie	High Jump	1.40
Gabriella	Bentham-Mudie	Javelin	19.55
Gabriella	Bentham-Mudie	Long Jump	4.80
Chloe	Blattman	Shot Put	7.25
Gabriella	Bentham-Mudie	Triple Jump	10.85

Under 14

Boys

Alex Mackie
Ben Webber
Byron Dixon
Eunnu Jee

Flynn Engelhard
Harry Kitching
Harvey Rhodes
Micah Georgiou

Nicholas Godwin
Zachariah
Georgiou
Zachary Dunwell

Girls

Alice Bedingfield
Amelia-Jane
Goldsmith
Bella Jones
Cadence Grady
Chloe Kremenovic

Emily Milne
Gabriella Harris
Isabella Ferguson
Isabella O'Connell
Liani Loxley
Lilly Vukoja

Lily MacDonald
Logan Ogilvie
Natarshka Edwards
Sarah Mohamed
Siobhan McKervery
Violet Langley

Centre Age Champion

Boys

Ben Webber

Girls

Isabella Ferguson

Dave Apps Achievement Trophy

Boys

1st Byron Dixon
1st Ben Webber
3rd Nicholas Godwin

Girls

1st Alice Bedingfield
2nd Natarshka Edwards
2nd Isabella O'Connell

Under 14 Best Performances

Boys				Girls			
Ben Webber	100m	12.20		Violet Langley	100m	13.30	
Zachary Dunwell	1500m	5:11.10		Liani Loxley	1500m	6:06.00	
Byron Dixon	1500m W	10:55.10		Alice Bedingfield	1500m W	12:13.80	
Ben Webber	200m	26.60		Violet Langley	200m	29.60	
Ben Webber	200m H	31.80		Violet Langley	200m H	32.60	
Zachary Dunwell	3000m	11:11.10		Liani Loxley	3000m	13:42.20	
Ben Webber	400m	58.80		Natarshka Edwards	400m	1:12.10	
Zachary Dunwell	800m	2:21.80		Natarshka Edwards	800m	2:55.20	
Nicholas Godwin	90m H	15.30		Violet Langley	80m H	13.50	
Nicholas Godwin	Discus	30.03		Isabella Ferguson	Discus	29.30	
Flynn Engelhard	High Jump	1.50		Logan Ogilvie	High Jump	1.38	
Ben Webber	Javelin	28.38		Isabella Ferguson	Javelin	32.92	
Ben Webber	Long Jump	4.86		Violet Langley	Long Jump	4.54	
Ben Webber	Shot Put	10.62		Isabella Ferguson	Shot Put	11.29	
Flynn Engelhard	Triple Jump	9.66		Violet Langley	Triple Jump	9.98	

Under 15

Boys

Cooper Brown
Ethan Mackie
Logan Dixon

Matthew Bell
Michael Gardiner
Oliver Jackson

William Morris

Girls

Abbie Olsson
Annalise Blattman
Caitlin Murphy
Charisse Bell
Charlotte Liggins

Isla Puri
Kaaren Healy
Leah Blinkhorn
Lucy Presland
Olive Gauci

Ruby Roberts
Tamara
Kremenovic

Centre Age Champion

Boys

Logan Dixon

Girls

Kaaren Healy

Dave Apps Achievement Trophy

Boys

1st Oliver Jackson
2nd Michael Gardiner
3rd Matthew Bell

Girls

1st Kaaren Healy
2nd Abbie Olsson
2nd Olive Gauci

Under 15 Best Performances

Boys				Girls			
Logan Dixon	100m	12.90		Kaaren Healy	100m	13.00	
Logan Dixon	100m H	17.20		Kaaren Healy	90m H	16.40	
Ethan Mackie	1500m	4:35.90		Annalise Blattman	1500m	5:44.50	
Logan Dixon	1500m W	9:02.00		Olive Gauci	1500m W	8:24.70	
Logan Dixon	200m	27.30		Kaaren Healy	200m	28.70	
Ethan Mackie	3000m	9:57.10		Olive Gauci	3000m	14:09.10	
Ethan Mackie	300m H	47.50		Kaaren Healy	300m H	53.40	
Logan Dixon	400m	58.40		Annalise Blattman	400m	1:05.00	
William Morris	800m	2:17.50		Annalise Blattman	800m	2:30.70	
Michael Gardiner	Discus	34.57		Leah Blinkhorn	Discus	31.85	
Michael Gardiner	High Jump	1.52		Annalise Blattman	High Jump	1.30	
Michael Gardiner	Javelin	35.10		Leah Blinkhorn	Javelin	24.32	
Ethan Mackie	Long Jump	5.60		Kaaren Healy	Long Jump	4.79	
Michael Gardiner	Shot Put	10.31		Leah Blinkhorn	Shot Put	8.32	
Michael Gardiner	Triple Jump	11.47		Kaaren Healy	Triple Jump	9.66	

Under 17

Boys

Alexander
Thompson
Clark Lynch
Corey Turano
Ethan Cook

Finn Conole-Buck
Hamish Mackay
Jack Burke
Joseph Kitching
Kearnu Roberts

Liam Murphy
Luke Harris
Riley Busst
Thomas Daw
Tyler Gray

Girls

Ayva Burke
Elizabeth Godwin
Jessica Berechree

Kirra Richardson
Lauren Adams
Lilly Allport

Lucy Dickson
Tanissa Ali

Centre Age Champion

Boys

Luke Harris

Girls

Elizabeth Godwin

Dave Apps Achievement Trophy

Boys

1st Finn Conole-Buck
2nd Liam Murphy
2nd Joseph Kitching

Girls

1st Ayva Burke
2nd Jessica Berechree
3rd Tanissa Ali

Under 17 Best Performances

Boys				Girls			
Luke Harris		100m	11.50	Elizabeth Godwin		100m	12.60
Joseph Kitching		110m H	17.70	Elizabeth Godwin		100m H	16.10
Liam Murphy		1500m W	8:24.60	Ayva Burke		1500m	6:54.30
Luke Harris		200m	25.20	Jessica Berechree		1500m W	8:59.60
Finn Conole-Buck		300m H	45.90	Lauren Adams		200m	31.50
Finn Conole-Buck		400m	1:00.00	Lauren Adams		3000m	12:01.80
Liam Murphy		800m	2:51.60	Elizabeth Godwin		300m H	47.80
Thomas Daw		Discus	39.57	Elizabeth Godwin		400m	1:03.70
Luke Harris		High Jump	1.75	Lauren Adams		800m	2:36.00
Thomas Daw		Javelin	47.56	Elizabeth Godwin		Discus	17.78
Luke Harris		Long Jump	6.40	Elizabeth Godwin		High Jump	1.40
Luke Harris		Shot Put	11.41	Lilly Allport		Javelin	36.34
Luke Harris		Triple Jump	11.57	Elizabeth Godwin		Long Jump	4.16
				Elizabeth Godwin		Shot Put	7.58
				Elizabeth Godwin		Triple Jump	8.92

LANSW Long Service Award Recipients 2022/2023 Season

Lilly Allport
Matthew Bell
Leah Blinkhorn
Siobhan McKervey
Caitlin Murphy
Ben Webber