

Glenbrook 2018/19

Week A		Field Event 1	Field Event 2	Track 1	Track 2	Track 3
U6 Girls		Vortex (SP2)	Long Jump 4	70m	200m	
U6 Boys		Coaching	Vortex (SP2)	70m	200m	
U7 Girls		Discus 3	Long Jump 6	70m	200m	
U7 Boys		Long Jump 4	Discus 3	70m	200m	
U8 Girls		Discus 1	Long Jump 5	70m	200m	
U8 Boys		Long Jump 6	Discus 1	70m	200m	
U9 Girls		Long Jump 5	Turbo Javelin	70m	200m	
U9 Boys		Turbo Javelin	Long Jump 1	70m	200m	
U10 Girls		Shot Put 4	Long Jump 2	70m	200m	
U10 Boys		Long Jump 1	Shot Put 4	70m	200m	
U11 Girls		High Jump 2	Discus 2	100m	200m	1500m
U11 Boys		Discus 2	Long Jump 3	100m	200m	1500m
U12 Girl/Boy		Javelin	High Jump 2	100m	200m	1500m
U13 Girl/Boy		Long Jump 2	Javelin	100m	200m	1500m
U14-17 Girls		Triple Jump 3	Shot Put 3	100m	200m	1500m
U14-17 Boys		Shot Put 3	High Jump 1	100m	200m	1500m

Week B	8.15am	Field Event 1	Field Event 2	Track 1	Track 2	Track 3
U6 Girls		Shot Put 1	Long Jump 4	50m	100m	
U6 Boys		Long Jump 5	Shot Put 1	50m	100m	
U7 Girls		Vortex	Long Jump 6	50m	100m	
U7 Boys		Long Jump 6	Vortex	50m	100m	
U8 Girls		Discus 3	Long Jump 5	400m	100m	
U8 Boys		Shot Put 4	Discus 3	400m	100m	
U9 Girls		Discus 1	High Jump Sc	400m	700mW	100m
U9 Boys		High Jump Sc	Discus 1	400m	700mW	100m
U10 Girls		Long Jump 1	Turbo Javelin	400m	1100mW	100m
U10 Boys		Turbo Javelin	Long Jump 1	400m	1100mW	100m
U11 Girls		Javelin	Long Jump 2	400m	1100mW	100m
U11 Boys		High Jump	Shot Put 4	400m	1100mW	100m
U12 Girl/Boy		Triple Jump 3	Discus 2	400m	1500mW	100m
U13 Girl/Boy	3000m	Shot Put 3	Triple Jump 3	400m	1500mW	100m
U14-17 Girls	3000m	Discus 2	High Jump	400m	1500mW	100m
U14-17 Boys	3000m	Long Jump 2	Javelin	400m	1500mW	100m

Week C		Field Event 1	Field Event 2	Track 1	Track 2	Track 3
U6 Girls		Coaching	Discus 3	50m	300m Pk	
U6 Boys		Discus 3	Long Jump 5	50m	300m Pk	
U7 Girls		Shot Put 2	Long Jump 6	50m	500m Pk	
U7 Boys		Long Jump 4	Shot Put 2	50m	500m Pk	
U8 Girls		Vortex	Shot Put 1	60mH	700m Pk	
U8 Boys		Long Jump 6	Vortex	60mH	700m Pk	
U9 Girls		Shot Put 4	Long Jump 1	60mH	800m	
U9 Boys		Long Jump 5	Shot Put 4	60mH	800m	
U10 Girls		Discus 1	High Jump Sc	60mH	800m	
U10 Boys		High Jump Sc	Discus 1	60mH	800m	
U11 Girls		Shot Put 3	Triple Jump 2	60mH	800m	
U11 Boys		Javelin	Triple Jump 3	60mH	800m	
U12 Girl/Boy		Long Jump 1	Shot Put 3	60mH	800m	
U13 Girl/Boy		Discus 2	High Jump	200mH	80/90mH	800m
U14-17 Girls		Long Jump 2	Javelin	200/300mH	80/90mH	800m
U14-17 Boys		Triple Jump 3	Discus 2	200/300mH	100/110mH	800m